



Resource Center on Aging University of California Berkeley

New Resources on Aging

A Biweekly Email Newsletter from

Cal

The University of California at Berkeley

Resource Center on Aging

August 18 - September 8, 2006

For a comprehensive edition of this newsletter see

<http://ist-socrates.berkeley.edu/~aging/ResourcesinAging.html>

the day after you receive this email.

Happy Grandparents' Day, Sunday September 8th

Continued thanks to all for your very generous donations.

If a colleague has forwarded this newsletter to you, why not get the newsletter directly? Send an e-mail <mailto:ddriver@berkeley.edu> with "Newsletter Only" in the message's subject field. If you are interested in receiving job postings in the field of aging in California (primarily but not exclusively in the Bay Area) send an e-mail note with "Jobs Only" in the message's subject field. If you would like to receive both the newsletter and job announcements place "Jobs & Newsletter" in the message's subject field.

EDITOR'S NOTES

Remember! If you would like to **post an event in the newsletter**, please email it **at least 3** weeks in advance of the event so people will have ample time to plan. Summer's over! Hope you all had a good one. With this edition we resume our regular schedule until the holidays. The next newsletter will be published **the week of September 22nd**.

If you would like to use the **UC Berkeley Resource Center on Aging library**, please email Desi Owens at: <mailto:desiowens@berkeley.edu> or phone Desi at 510-643-6427. The library database is back on line! To see what's available go to:

<http://ist-socrates.berkeley.edu/~aging/library.html> and click on the sentence: [Click here to connect to the Resource Center on Aging Library online database](#) .

This Sunday, September 8th, is **Grandparents' Day**. Facts from the Census Bureau on Grandparents' Day can be found at the end of the newsletter.

NEW ON THE WEB

Aging in the Media

The program On point on National Public Radio aired a **special series on inequality in America** this summer. Included in a panel was Danielle Axon, a Certified Nursing Assistant at a nursing home. She earns \$14.67 an hour. Hear Danielle and others at:

http://www.onpointradio.org/shows/2006/09/20060904_a_main.asp

Also on NPR: **Bill of Health - Luxury Assisted Living** With baby boomers growing older, nursing home and assisted living facility operators are preparing for an influx of new residents. Since these prospective residents want to live in luxury, the facilities are undergoing major transformations. NPR Correspondent Jeff Yastine looks into the trend of upscale housing for seniors. See: http://www.pbs.org/nbr/site/research/learnmore/060824_bill/

Another NPR story! You can hear the story, titled "**Exceptional Caregiving**", on the Marketplace website at: <http://www.marketplace.org/shows/2006/09/05/AM200609058.html>

Consumer Information

A table from CMS **Complaint Rates for Medicare Stand-alone Prescription Drug Plans** can be found at:

http://www.cms.hhs.gov/apps/files/Press1905_JunePartDPDPCComplaintRates_060719.pdf

If you can't afford to pay your home energy bill, your home may not be safe, and you may be at risk of serious illness or injury. **The Low Income Home Energy Assistance Program** (LIHEAP) is a Federally-funded program to help eligible low income homeowners and renters meet their home heating and/or cooling needs. See:

<http://www.acf.dhhs.gov/programs/liheap/index.html>

Strength in Knowing: The Facts and Fiction of Breast Cancer Risk is a site to help you gain understanding about the risk of breast cancer, especially related to age. For more information see: <http://www.strengthinknowing.com/index.jsp>

Primarily because they **lack dental insurance**, too few older adults receive oral health care. The following sites offer directories of dental plans:

<http://www.nadp.org/>; <http://www.deltainsurance.com/>; <http://www.dentalplans.com/>;
<http://www.ehealthinsurance.com/>, and <http://www.insuranceCo.com/>

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Reports/Articles/Research

The new **Older Americans Update 2006: Key Indicators of Well-Being** from The Federal Interagency Forum on Aging-Related Statistics can be found at:

<http://www.agingstats.gov/update2006/default.htm>

The report **Income, Poverty, and Health Insurance Coverage in the United States: 2005** contains information on older adults relative to these issues. The report is online at:

<http://www.census.gov/prod/2006pubs/p60-231.pdf>

The report, **Early Experiences of Medicare Beneficiaries in Prescription Drug Plans Insights from Medicare State Health Insurance Assistance Program (SHIP) Directors**

Prepared by: Julia James Health Policy Consultant (Focus Group Moderator) and Tricia Neuman and Michelle Kitchman Stollo for the Kaiser Family Foundation is available at:

<http://www.kff.org/medicare/upload/7552.pdf>

HHS Report Underscores Need for National Disaster Response Plans to Include Long Term Care Facilities See the Statement of LuMarie Polivka-West for the American Health Care Association/National Center For Assisted Living to the National Transportation Safety Board Hearing on Wilmer, Texas, Highway Accident & Selected Federal Motor Carrier Safety Administration Oversight Issues August 9, 2006, at: <http://www.ahca.org/brief/test060809.htm>

A new Commonwealth Fund issue brief, **Assessing Medicare Prescription Drug Plans in Four States: Balancing Cost and Access** by Erika Heaton and Tanisha Carino, Ph.D., of Avalere Health, and Heidi Dix, M.P.H., assistant secretary of health and human resources for the Commonwealth of Virginia, examines Part D plans in the four most populous Medicare states: California, Florida, New York, and Texas. Researchers find wide variation in the total number of drugs covered by individual plans; in how easily enrollees can obtain specific drugs; and in cost-sharing requirements. The report can be seen at:

http://www.cmwf.org/publications/publications_show.htm?doc_id=398836&-doc398836

Also from The Commonwealth Fund is the report **The Commonwealth Fund Health Care Opinion Leaders Survey: Evaluating Medicare Part D**. See:

http://www.cmwf.org/surveys/surveys_show.htm?doc_id=382509

The Center for Retirement Research at Boston College has released a new *Issue in Brief*, **"Estimating Pension Trends Using Different Data Sets"** by Geoffrey Sanzenbacher. This *brief* is available at: http://www.bc.edu/centers/crr/ib_51.shtml

The Commonwealth Fund report, **Promising Practices for Patient-Centered Communication with Vulnerable Populations: Examples from Eight Hospitals**, can be seen at:

http://www.cmwf.org/publications/publications_show.htm?doc_id=397067&-doc397067

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What's New at AARP Policy & Research These and other reports can be found at:

<http://www.aarp.org/research/whatsnew.html>

- AARP Media Advisory— AARP's Top 10 Signs That it's Time for Older Drivers to Hand Over the Keys
- Flexible Work Arrangements Thrive at AARP's Best Employers for Workers Over 50
- How to Use AgeLine: Online Demo & Related Resources / *Research Report* _August 2006— An introduction to using AARP's AgeLine Database for beginning gerontology research. Particularly useful for students and others to use before preparing term papers, presentations, and literature searches.
- Attitudes Toward Work and Job Security
- The Marketer's Response to the Aging Population: A Mixture of Fear, Apathy and Muddle
- Keeping Social Security Solvent
- Improving the Quality of Health and Long-Term Care
- Helping Americans to Work Longer
- Helping Americans Build More Retirement Assets
- Creating a National System for Home-and Community-Based Care
- Working in Retirement is Increasingly an Expectation
- A Healthier Old Age
- State Fact Sheets for Grandparents and Other Relatives Raising Children

Practice Resources

The National Council on Aging (NCOA) has announced the launch of a **new feature of its online BenefitsCheckUp** service that enables community organizations and state agencies to help some 3 million people with limited income and resources apply for the Extra Help through Medicare's Prescription Drug Coverage (also known as Part D). To learn more see:

<http://ncoa.org/content.cfm?sectionID=65&detail=1607>

The just-released **2006 Overview of Assisted Living** provides senior housing providers, associations, and other professionals essential facts and figures about assisted living to use when defining the business to investors, media, consumers, and others. To order, visit the Web sites of any of the organizations responsible for the report: <http://www.aahsa.org/>, <http://www.alfa.org/>, <http://www.seniorshousing.org/>, <http://www.ncal.org/>, and <http://www.nic.org/>. Cost is \$125

THE FLU GALLERY Materials now available: Posters | Buttons, Stickers, and Logos | Flyers CDC's Flu Gallery contains educational materials for use promoting influenza vaccination. They encourage you to visit the online gallery often because, as vaccine supply information changes, they will upload new materials that address expanded or restricted audiences, or new recommendations about which groups vaccine should be directed toward.

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Additionally, if vaccine supply is still strong toward the end of November, they will post "late season" promotion materials to the gallery which will remind people that it is not too late to get vaccinated against influenza in December and beyond. See:

<http://www.cdc.gov/flu/professionals/flugallery/index.htm>

Crane Library Web Picks of the Week (Thanks to Laurie Blanchard for her generosity in letting us duplicate these. http://www.deerlodge.mb.ca/crane_library/about.asp)

- **So far away: twenty questions for long distance caregivers** <http://www.nia.nih.gov/HealthInformation/Publications/LongDistanceCaregiving/> So Far Away: Twenty Questions for Long-Distance Caregivers focuses on some of the issues unique to long-distance caregiving. Developed by the National Institute on Aging (NIA), part of the National Institutes of Health, this booklet is a gateway to ideas and resources to help make long-distance caregiving more manageable and satisfying. Long-distance caregivers face issues such as helping elderly friends or family sort through medical bills, how to make the most of a weekend visit; advice on checking references for hired companions or caregivers; and ways to take the pressure off siblings living in the same town as aging parents and/or in-laws. The booklet is organized in a question/answer format. Each of the 20 commonly asked questions has a brief, stand-alone answer. A resource list for further information is also provided.
- **Center for Aging Services Technologies** <http://www.agingtech.org/index.aspx> The mission of the Center for Aging Services Technologies is to develop and deploy emerging technologies to improve the aging experience. Their website features a live video broadcast which "provides a glimpse, through the eyes of one family, of what the future of aging could look like with help from developing technologies that are possible, practical and affordable". The site also provides a clearinghouse, designed for and by technology developers, aging services providers and researchers as a place to read about new products, research and pilot projects. Also available at the site are online discussion boards to facilitate an informal "meeting spot" where aging services professionals can communicate and discuss issues of shared interest. The Resources section provides links to related websites.
- **New resources of note on assessing family caregivers.** http://caregiver.org/caregiver/jsp/content_node.jsp?nodeid=1695 The first is the **Caregivers Count Too? Toolkit**: a step-by-step resource filled with practical information and resources. It's designed for program administrators and practitioners to sharpen awareness of family caregivers as an at-risk population in need of assessments to determine their own physical, emotional and financial problems and to provide new knowledge and skills to create and put to use a caregiver assessment that works in your particular practice setting.

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http://caregiver.org/caregiver/jsp/content_node.jsp?nodeid=1630 The site also features a two-part report from the National Center on Caregiving at Family Caregiver Alliance which calls for significant improvement in health care and long-term care that relies too much on families without recognizing and assessing family caregivers' own support and health needs. Caregiver assessment is an essential component of comprehensive care for frail elders and adults with chronic or disabling conditions, particularly dementia. The Robert Wood Johnson Foundation provided primary funding for this project, with additional support from the Archstone Foundation and The California Endowment. The first volume: **Caregiver Assessment: Principles, Guidelines and Strategies for Change**, reflects the professional consensus achieved among nationally recognized experts and stakeholders on fundamental principles and practice guidelines that apply to a range of practitioners in a variety of settings. The strategies focus on stimulating caregiver assessment as a basic component of practice. Volume II, **Caregiver Assessment: Voices and Views from the Field** provides four background papers and two personal **accounts**. Chronic illness and disability, as these accounts reveal, affects not only the lives of the individual, but also of family members who provide the care and support.

NEW PUBLICATIONS

As an AARP member, you can request free issues of **AARP Segunda Juventud**, a magazine for Latinos 50 and over. Call 877-MÁS-DE-50 or go to <http://www.aarpsegundajuventud.org/>.

NEW AT THE CENTER LIBRARY (The Center Library Database can be searched on line at: <http://ist-socrates.berkeley.edu/~aging/library.html>)

Books

Nobody's Home: Candid Reflections of a Nursing Home Aide, by Thomas Edward Gass, Cornell Univ. Press, Ithaca, NY, 2004.

Gray Areas: Ethnographic Encounters with Nursing Home Culture, edited by Philip B. Stafford. School of American Research Press, Santa Fe, NM, 2003.

A History of Old Age, 2005, (Getty Trust Publications: J. Paul Getty Museum)

Thinking About Dementia: Culture, Loss and the Anthropology of Senility (Studies in Medical Anthropology), 2006, by Annette Leibing and Lawrence Cohen.

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Journals

American Journal of Public Health special edition: **Healthy Aging** July, 2006.

CALENDAR OF EVENTS Note: Except for UC Berkeley, the following are **all newly submitted events**. For a comprehensive calendar see *Resources on Aging* on our WEB site at: <http://ist-socrates.berkeley.edu/~aging/ResourcesinAging.html> The **Gerontological Society of America** maintains a national/international calendar at: <http://www.geron.org/calendar.htm>, and the *Older Americans Report Calendar* national/international calendar can be found at: <http://www.bpinews.com/hr/pages/oarcalendar.htm>

UC BERKELEY

UCB Extension

Aging and Mental Health

(EDP 402321)

As the U.S. population ages, the number of age-related morbidities will increase and the need for knowledgeable health, social service, and mental health professionals will continue to grow. This **new Professional Program in Aging and Mental Health** includes a series of CEU workshops offered by leading researchers and clinicians in the Bay Area. A certificate of completion will be awarded to participants who meet all the requirements of the program.

Requirements

The program consists of two required workshops: Assessment and Treatment of Mental Illness in Older Adults (12 hours) and a Clinical Case Seminar on Aging and Mental Health (12 hours; offered in summer, 2007), plus 36 hours of electives from the series of workshops offered during the year. The minimum number of hours to earn a certificate of completion is 60 hours. Substitutions and waivers are not allowed. This program is primarily intended for licensed clinicians (Ph.D.s, LCSWs, MFTs, and RNs) who work with the elderly and their families.

Information

For more information, including a current list of upcoming elective workshops, call (510) 643-3883, visit <http://www.unex.berkeley.edu/profseq/aging.html>, or e-mail <mailto:counspych@unex.berkeley.edu>

Wed. Sept. 20, Berkeley

FREE PUBLIC LECTURE

Recent Advances in Geriatric Psychiatry

As the U.S. population ages, the number of age-related morbidities will increase and the need for knowledgeable health, social service, and mental health professionals will continue to grow. Estimates indicate that between 15 and 25 percent of elderly persons in the U.S. suffer from significant symptoms of mental illness. This free public lecture provides an overview of some

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of the new directions in geriatric psychotherapy, findings from brain imaging in late life, new thinking about dementia, and treatment approaches for depression and other major psychiatric conditions. *Enrollment is limited. Preregistration is recommended.* See: <http://www.unex.berkeley.edu/cat/course1248.html>

Sat. Oct. 14, Berkeley

Assessment and Treatment of Mental Illness in Older Adults

(1.2 ceu)

12 hours CE credit: BRN, LCSW/MFT, and psychologists

A required course in the Professional Program in Aging and Mental Health (above)

This workshop provides an overview of some of the major approaches for working with older persons and their families in medical, long-term care, and mental health settings, as well as private practice. You cover some of the basic assessment tools and a range of evidence-based treatments for depression and other co-occurring diagnoses. You also learn how to identify some of the conditions commonly associated with aging (e.g., Alzheimer's, dementia, memory loss) and how to recognize family and generational issues, as well as elder abuse.

Guest Speakers:

Vivian Clayton, Ph.D., geriatric neuropsychologist

Linda Fodrini-Johnson, M.A., CMC, LMFT, president and CEO of Eldercare Services

Laurie Draughon, M.D., geriatric internist

Scott Eberle, M.D., medical director, Hospice of Petaluma

There will also be a panel of clinicians who will present on different treatment modalities, including cognitive behavioral, VA model for depression, long-term analysis, short-term solution focus, etc. Other speakers will address legal/ethical issues in treatment as well as a range of cultural diversity and gay/lesbian issues in the care for elders.

Sections now enrolling, See: <http://www.unex.berkeley.edu/cat/course1239.html>

Fri. Nov. 17, San Francisco

Neuropsychiatric Symptoms and Diagnostics of Dementia

(0.6 ceu)

6 hours CE credit: BRN, MFT/LCSW, and psychologists

An elective in the Professional Program in Aging and Mental Health and the Professional Program in Neuropsychological Assessment (above)

This workshop helps students recognize symptoms of dementia and understand their neuropsychiatric origins. It also covers differential diagnoses between dementia and delirium and introduces a range of environmental interventions for challenging behaviors that can often be understood as forms of communication. You also learn how to use some of the basic assessment tools and techniques and how to develop behavioral treatment plans.

Sections now enrolling, See: <http://www.unex.berkeley.edu/cat/course1246.html>

BAY AREA

Ongoing

The new Fall Schedule for **Senior Center Without Walls** is ready. The program has scheduled three "Try it out!" calls to demonstrate to social workers, service providers, and others working with elders how easy it is to connect to the groups. If you would like to participate in one of the calls--Tuesday, Sept. 12 at 12noon; Tuesday, Sept. 19 at 10am; or Wednesday, Sept. 20 at 3pm email Terry Englehart at: Terry Englehart <<mailto:srresources@yahoo.com>> or call: Terry Englehart or Jennifer Cancino 510-444-0243 or 1-877-797-7299.

Spiritwalking Aqua Ch'i is an aquatic blend of ancient movement patterns, enhanced by specially designed music that encourages participants to breathe and relax deeply. Participants report decreased pain, better mobility and flexibility, improved energy and an overall feeling of wellbieng. Movements can be done while seated or standing. The Oakland YMCA is offering Aqua Ch'i classes at their venue to independent and assisted living residents who are not members of the Y, at a cost of \$25 per month. This modest fee includes full use of the facilities -- hot tub, sauna and steam -- possibly additional aquatics classes by arrangement. The organization, The Possible Society of CA can make limited scholarships available to very low income seniors who can get to the class - 2341 Broadway, Oakland. Classes are Fridays at 12 - 1 pm ongoing. Instructor: Norlisha Long For information contact Molly Kimes 510-451-9622 or <mailto:mkimes@ymcaEastBay.org> or Bett Martinez <mailto:well-being@pacbell.net>.

SEPTEMBER

September 27

Bringing Creative Expression Into Your Setting

Wednesday, September 27 09:00 AM-12:00 PM - Embassy Suites Hotel, South San Francisco Research demonstrates that creative activity between older adults and professional artists enhances physical and spiritual health and well-being. In this session, participants will experience model creative arts programs facilitated by Bay Area creative aging experts specializing in theater, movement, music, writing and the visual arts. The facilitators will give examples of how these activities can be applied in senior centers, adult day care, retirement homes, assisted living and skilled nursing centers, with groups and individuals. Participants are encouraged to bring examples of their own projects and ideas for networking and discussion. This session is sponsored by the Center for Creative Aging - West and the National Center for Creative Aging.

Presenters: Stuart Kandell, PhD, Director/Founder, Stagebridge, Oakland, CA ; Ann Cain. McGinnis, Director, Move Into Wellness, El Sobrante, CA .

The workshop is part of the American Society on Aging,s Autumn Series. To register or check out the other classes that week, click on <http://www.asaging.org/autumn-series>.

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Saturday, September 30**[Aging is a Family Affair: A Caregiver Conference](#)**

When the time comes to care for an older spouse, friend, or parent, you owe it to them (and yourself) to be prepared. Join us on Saturday, September 30, 2006 from 8:30 AM to 3:30 PM at Avenidas, 450 Bryant Street, Palo Alto, CA 94301 Phone: (650) 289-5400, to begin the process of learning how to care for an aging loved one.

Space is limited at the conference, so please register early either by calling 650.289.5445 or going on line for more information to: http://www.avenidas.org/site.php?page=family_affair

The price of admission is \$30 for members, \$35 for non-members, and \$45 for anyone who registers after September 22nd. Registration includes continental breakfast, lunch, and conference materials.

Information: Kari Martell, Director of Marketing and Communications, Avenidas
450 Bryant Street, Palo Alto, CA 94301, (650) 289-5427

OCTOBER**October 4th**

The Commonwealth Club "For Grownups" Forum (aging issues) will feature the following program on Wednesday, October 4th:

[ALZHEIMER'S DISEASE: LATEST TREATMENT OPTIONS](#) - . Reception at 4:45 p.m., Program at 5:15 p.m., Commonwealth Club office, 595 Market St., 2nd Floor, San Francisco. Free for Members, \$15 for Non-Members. Presented by Jane Mahakian, Aging Matters, Inc. and Leslie Squires, M.D., Internist.

If you live to be 85, you stand a 50 percent chance of acquiring Alzheimer's. The disease that has devastated families worldwide is claiming more victims: The number of afflicted Americans has doubled since 1980. But there is hope on the horizon as researchers find new ways of combatting this killer. Panelists will review the latest medications, alternative treatments and therapies. Information:

Michele Boudinot, MA

North Bay Eldercare Options ~ *Personalized Solutions for the Challenges of Aging*

Marin (415) 460-6333

Sonoma (707) 766-6333

<mailto:Michele@NorthBayEldercare.com>

October 26th, 2006

THE MENTAL HEALTH ASSOCIATION OF SAN FRANCISCO PRESENTS:

[Hoarding and Cluttering Conference 2006 - Taking a Step Away From the Edge:](#)

[Innovative Management of Hoarding and Cluttering](#) (includes sessions on older adults)

Date: Thursday, October 26th, 2006

Time: 8:45 a.m. - 5:00 p.m.

Site: St. Mary's Cathedral, 1111 Gough Street, San Francisco, CA 94109

To subscribe email request to: <mailto:ddriver@berkeley.edu> with "subscribe newsletter" on the subject line.

Keynote Speaker: Dr. Randy Frost, national expert on compulsive hoarding and cluttering.

Online registration is available at:

<https://app.etapestry.com/hosted/MentalHealthAssociationofS/HCRegistration.html> For more information about the conference see: <http://mhasf.org/H C Information Page 2006.html>

CALIFORNIA

SEPTEMBER

September 13– 16, 2006

[UCLA Intensive Course in Geriatric Medicine and Board Review](#)

The Donald W. Reynolds FD~AGE Program at UCLA offers an exciting opportunity for faculty interested in attending the 23rd UCLA Intensive Course in Geriatric Medicine and Board Review. Internists, hospitalists and specialists looking to expand their knowledge and skills in geriatric medicine are eligible to apply. A limited number of enrollment fee scholarships are available to qualified faculty. For information contact:

Jimmy Ngo

Program Representative I

UCLA Multicampus Program in Geriatric Medicine & Gerontology

10945 Le Conte Avenue, Suite 2339

Los Angeles, CA 90095-1687

310-312-0531 x235 | 310-312-0546 FAX

<mailto:jtngo@mednet.ucla.edu>

OCTOBER

October 18 – 20, 2006

Mini-Fellowship Program, UCLA

The goal of the Donald W. Reynolds FD~AGE Mini-Fellowship Program at UCLA is to strengthen clinician-educators' knowledge and skills in teaching contemporary issues in geriatrics education. The Mini-Fellowship Program offers an extraordinary opportunity to train with leaders in geriatric medicine at no cost to clinician-educators selected to attend. For information see: http://www.geronet.ucla.edu/centers/reynolds/mini_fellowship.htm or contact:

Jimmy Ngo

Program Representative I

UCLA Multicampus Program in Geriatric Medicine & Gerontology

10945 Le Conte Avenue, Suite 2339

Los Angeles, CA 90095-1687

310-312-0531 x235 | 310-312-0546 FAX

<mailto:jtngo@mednet.ucla.edu>

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NATIONAL

OCTOBER

October 13-15, 2006

Retirement Organizations in Higher Education: *Building on Experience Toward an Innovative Future*

October 13-15, 2006 _Arizona State University _Tempe, Arizona

WHY ATTEND?

HEAR NATIONAL EXPERTS speak to issues of critical importance to retirement in higher education.

JOIN FORCES AND EXCHANGE IDEAS with others around organizing, financing, and developing such organizations.

LEARN how your campus can benefit by having a retirement organization.

EXCHANGE ideas with other retirement organizations about creative programming.

BE ENERGIZED by your peers and colleagues who are actively engaged in new retirement ventures.

DEVELOP new funding and advocacy strategies.

EXPAND possibilities for collaborations and regional networks.

FIND out how to keep organizations relevant for present and future retirees.

CONNECT with organizations and companies that have products and services beneficial to your members.

WHO SHOULD ATTEND?

Emeriti faculty and retired staff or others who want to create or enhance a campus retiree organization.

Emeriti and Retired Staff Association members who can showcase successful organizational practices, events, activities and collaborations.

Campus leaders who want to learn how to best utilize the irreplaceable resources and knowledge of their retirees.

University faculty and staff who are near to retirement, and who will benefit greatly from the proactive and timely topics presented.

Individuals and organizations who are interested in meeting the organizational decision makers, and introducing them to new products and services.

For more information see: <http://www.arohe.org/conferences.shtml>

INTERNATIONAL

Nothing New This Issue

COMMUNITY RESOURCES/FUNDING INFORMATION

The Centers for Medicare and Medicaid Services (CMS) SENIOR RISK REDUCTION DEMONSTRATION (SRRD)

Vendor Solicitation Notice

SUMMARY: This notice informs interested parties of an opportunity to apply to implement a risk reduction/health management program as part of the Medicare Senior Risk Reduction Demonstration (Demonstration). The goal of the Demonstration is to determine whether risk reduction programs (also referred to as health promotion, health management, demand management, and disease prevention programs) that have been developed and tested in the private sector can also be tailored to and work well with Medicare beneficiaries – to improve their health and reduce avoidable health care utilization

ELIGIBLE ORGANIZATIONS: Potentially qualified applicants are existing providers of risk reduction services that can be applied to the Medicare population.

FOR FURTHER INFORMATION CONTACT: For information concerning this Demonstration, contact Pauline Lapin, CMS Project Officer, at (410) 786-6883, or <mailto:Pauline.lapin@cms.hhs.gov>.

DATES: Applications will be considered “on time” if received by close of business on November 21, 2006.

For complete information see:

http://www.cms.hhs.gov/DemoProjectsEvalRpts/downloads/Senior_Risk_Reduction_Solicitation.pdf

The New Freedom Initiative (NFI), a follow up to the Olmstead v. L.C. Supreme Court decision issued in July 1999, is a nationwide effort to remove barriers to community living for people of all ages with disabilities and long-term illnesses. It represents an important step in working to ensure that all Americans have the opportunity to learn and develop skills, engage in productive work, choose where to live and participate in community life. For more information see: <http://www.cms.hhs.gov/NewFreedomInitiative/>

Grandparents Day 2006: Sept. 10

Grandparents Day was the brainchild of Marian McQuade of Fayette County, W.Va., who hoped that such an observance might persuade grandchildren to tap the wisdom and heritage of their grandparents. The first presidential proclamation was issued in 1978, and one has been issued each year since - designating the first Sunday after Labor Day as National Grandparents Day. In honor of our nation's grandparents, the Census Bureau presents an array of data about these unsung role models and caregivers. For links to these statistics see:

http://www.census.gov/Press-Release/www/releases/archives/facts_for_features_special_editions/007130.html

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- **How Many Grandparents?_About 56 million**_Number of grandparents in the United States._(Source: Unpublished data from the Survey of Income and Program Participation)
- **5.7 million**_The number of grandparents whose grandchildren under 18 live with them. (Source: American FactFinder)
- **Grandparents as Caregivers_2.4 million**_The number of grandparents responsible for most of the basic needs (i.e., food, shelter, clothing) of one or more of the grandchildren who live with them. These grandparents represent about 42 percent of all grandparents whose grandchildren live with them. Of these caregivers, 1.5 million are grandmothers and 880,000 are grandfathers. (Source: American FactFinder)
- **1.7 million**_The number of grandparent-caregivers who are married. (Source: American FactFinder)
- **1.4 million**_The number of grandparents who are in the labor force and also responsible for most of the basic needs of their grandchildren. (Source: American FactFinder)
- **920,000**_Number of grandparents responsible for caring for their grandchildren for at least the last five years. (Source: American FactFinder)
- **460,000**_Number of grandparents whose income is below the poverty level and caring for their grandchildren. (Source: American FactFinder)
- **700,000**_Number of grandparents with a disability - yet caring for their grandchildren. (Source: American FactFinder)
- **320,000**_Number of foreign-born grandparents responsible for caring for their grandchildren. (Source: American FactFinder)
- **270,000**_Number of grandparents who speak English less than "very well" and are responsible for caring for their grandchildren. (Source: American FactFinder)
- **28%**_Among preschoolers with employed mothers, the percentage regularly cared for by their grandparent during the hours their mom spends employed outside the home. No other type of child care arrangement was more prevalent than by grandparents.
- **Grandchildren_6.1 million** _The number of children living with a grandparent; these children comprise 8 percent of all children in the United States. Of these children, 4.1 million lived in a grandparent's home and 1.9 million in a parent's home.
- **2.2 million**_The number of children who resided with both a grandmother and a grandfather.
- Recent research by the AARP (American Association of Retired Persons) reveals that more than _80 percent of the nation's grandparents had visited or spoken with their grandchildren by phone in the past month. (Source: Hallmark research)
- **Remembering Grandma and Grandpa_About 3 million**_Number of Grandparents Day cards given, nationwide, each year. (Source: Hallmark research)

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Resource Center on Aging

140 Warren Hall

University of California

Berkeley, CA 94720-7360