Resource Center on Aging
University of California
Berkeley

New Resources on Aging

A Biweekly Email Newsletter from

Cal

The University of California at Berkeley

Resource Center on Aging

October 1 - October 12, 2007

For a comprehensive edition of this newsletter see
http://ist-socrates.berkeley.edu/~aging/ResourcesinAging.html
the Saturday after you receive this email.

Continued thanks to all for your generosity and support.

Let us know if you have made a donation and would like to be included on our **Donation Page on our WEB site** at:
http://ist-socrates.berkeley.edu/~aging/donation.html

EDITOR'S NOTES

Remember! If you would like to **post an event in the newsletter**, **please** email it **at least 3 weeks in advance** of the event so people will have ample time to plan. The next newsletter will be published **Friday, October 26th.**

If you would like to use the **UC Berkeley Resource Center on Aging library**, please email Desi Owens at: mailto:desiowens@berkeley.eduor phone Desi at 510-643-6427. The library database can be seen at:
http://ist-socrates.berkeley.edu/~aging/library.html Click on the sentence: *Click here to connect to the Resource Center on Aging Library online database*.

Note: All Internet links in this newsletter have been checked. Please allow sufficient time for links to load, **especially pdf documents**

NEW ON THE WEB

Aging in the Media (Continued thanks to readers who forward media tips!)

Aging and Gay, and Facing Prejudice in Twilight By JANE GROSS, NY Times, October 9, 2007. See:
http://www.nytimes.com/2007/10/09/us/09aged.html?ei=5087&em=&en=6d2df560107f9f83&ex=1192075200&pagewanted=print

Room under the rainbow?: Some residents of a gay-oriented retirement community have worries that adding too many straight neighbors might reopen the closet door, by David Colker, Los Angeles Times Staff Writer, October 5, 2007. See:
http://www.latimes.com/business/la-fi-gayhousing5oct05,0,2658346.story

Medicare Audits Show Problems in Private Plans, By ROBERT PEAR
NY Times, October 7, 2007. See:
http://www.nytimes.com/2007/10/07/us/07medicare.html?ex=1192420800&en=1d8692f5e7d7a22f&ei=5070&emc=eta1

Research & Reports

Depiction of elderly and disabled people on road traffic signs: international comparison, BMJ 2003, (20 December), Richard P Gale, Christopher P Gale, T A Roper, Graham P Mulley. See:
http://www.bmj.com/cgi/content/full/327/7429/1456

New data from the American Community Survey provide the first **social and economic characteristic profiles of people living in group quarters** - such as adult correctional facilities, college dorms and **nursing homes** - in nearly three decades. These data also include profiles of more than 100 race and ethnic group iterations such as blacks, Chinese, and Mexicans. In addition, profiles for 72 ancestry groups, from Afghani to Welsh, are also available. See:
http://factfinder.census.gov/home/saff/aff_acs2006_quickguide.pdf

Managerial Attitudes Toward Older Workers: A Review of the Evidence, Urban Institute, Author: Richard W. Johnson, See: http://www.urban.org/url.cfm?ID=411548

Social Security, Medicare and Medicaid_Account for Half of Federal Spending
Social Security, Medicare and Medicaid accounted for more than $1 trillion of the $2.3 trillion the federal government spent in 2005, according to the U.S. Census Bureau, which publishes the only consolidated source of data on the geographic distribution of federal expenditures. The ***Consolidated Federal Funds Report for Fiscal Year 2005*** **[PDF]** is a presentation of data on most domestic spending by the federal government for state and county areas of the United States, including the District of Columbia and U.S. outlying areas. The data include expenditures for the Defense Department and the Department of Homeland Security.
http://www.census.gov/prod/2007pubs/cffr-05.pdf

The MetLife Market Survey of Adult Day Services & Home Care Costs, September 2007 can be found at:
http://www.metlife.com/WPSAssets/1874621109119081076 0V1F2007ADSHCCStudy.pdf

The National Institute of Mental Health (NIMH) report **Older Adults: Depression and Suicide Facts includes information on the following:**

- How common is suicide among older adults?
- What role does depression play?
- Isn't depression just part of aging?
- What are the treatments for depression in older adults?
- Are some ethnic/racial groups at higher risk of suicide?
- What research is being done?
- References

See: http://www.nimh.nih.gov/health/publications/older-adults-depression-and-suicide-facts.shtml

Practice Resources

Crane Library Web Picks of the Week Thanks to Laurie Blanchard for her generosity in letting us duplicate these. If you wish to subscribe to the Web Pick of the Week, go to: http://lists.umanitoba.ca/mailman/listinfo/info-ltc
http://www.lumetra.com/resource-center/index.aspx
How to *Try This:* http://www.nursingcenter.com/library/static.asp?pageid=730390
In the past, Web Pick of the Week has featured items from the *Try This* series. This month a new initiative has been announced from the collaboration between the Hartford Institute of Geriatric Nursing and the American Journal of Nursing.
This initiative will translate the evidence-based geriatric assessment tools in the *Try This* assessment series into cost-free, web-based resources including demonstration videos and a corresponding print series featured in the AJN.
The videos are 30 minutes total, or less, and can be viewed in their entirety--or in chaptered formats when time is an issue and a quick refresher on assessments or best practices is needed. Beyond demonstrating assessments, videos also provide viewers with tips on how to deal with challenges faced when administering various assessments; interdisciplinary approaches to dealing with problems; and best practices in communicating and utilizing findings to inform patients, families, and the plan of care.
This series can be viewed, downloaded, and shared without any fees. Articles include detail on the issue addressed by the Try This tool, case studies, psychometric properties of the tool, and describe when and how to use the assessment. Information in the articles is also organized for ready access by novice to expert clinicians. Articles may be printed and copied for educational use without copyright fees.
CEs are available for both the articles and the videos.
The first two series are:
Fulmer SPICES: a framework for assessing older adults
Geriatric Depression Scale: Short Form

CALENDAR OF EVENTS

Note: Except for UC Berkeley, the following are **all newly submitted events**. For a comprehensive calendar see ***Resources on Aging*** on our WEB site at: http://ist-socrates.berkeley.edu/~aging/ResourcesinAging.html The **Gerontological Society of America** maintains a national/international calendar at: http://www.geron.org/calendar.htm.

UC Berkeley

Join UC Berkeley's Research Subject Volunteer Program (RSVP) and **be a part of the exciting research studies at *Cal.*** We ESPECIALLY invite healthy adults OVER the age of 50 to participate in our research that ranges from psychology & social science to optometry & neuroscience. You can select from projects that can be anything from completing a survey, to viewing images of facial expressions on a computer monitor, to having images of you brain made while you tap your fingers. To participate just visit http://rsvp.berkeley.edu OR, for those with *limited or no Internet access* email or mail us a physical copy of the MS Word form located at http://rsvp.berkeley.edu/rsvp_registration.doc

The University of California, Berkeley Center for the Advanced Study of Aging Services is Co-Sponosing with the Institute on Aging the following series of professional education programs on the **"Secrets of the Aging Mind."**
All programs will be held at The Event Center, Saint Mary's Cathedral, 1111 Gough Street, San Francisco.
Please mark your calendars for the upcoming dates, and watch for more information!
November 15, 2007, 8:30 am - 4:30 ALZHEIMER'S DISEASE AND OTHER DEMENTIAS: ADVANCES AND ISSUES
January 24, 2008, 8:30 am - 4:30 pm MENTAL ILLNESS AND AGING: DIFFICULT BEHAVIORS THAT CHALLENGE PROFESSIONALS
March 13, 2008, 8:30 am - 4:30 pm RECOGNIZING AND RESPONDING TO CLUTTER ADDICTION AND COMPULSIVE HOARDING IN OLDER ADULTS
May 15, 2008, 8:30 am - 4:30 pm BRAIN HEALTH ACROSS THE LIFESPAN

*For specific details on each program please visit: http://education.IOAging.org or to register visit: http://education.ioaging.org/sign_up.html For information: Call Danna Moore at (415) 750-4180 x227

UC Berkeley Extension

Oct 13 and Oct 20
Assessment and Treatment of Mental Illness in Older Adults, 12 hours CE credit: BRN, LCSW/MFT, and Psychologists, 2 Saturdays, Oct 13 and Oct 20, 9am-4pm, Berkeley, 1995 University Ave., Golden Bear Building, Fee: $320, Instructor: Cazeaux Nordstrum, M.A., LMFT, EDP: 401125.

Oct. 20
Licensure Workshop on Aging and Long-Term Care, 3 hours of CE credit: BRN, LCSW/MFT, and psychologists, Sat., 9am-12:30pm, Oct. 20, Berkeley, 1995 University Ave., Fee: $105, Instructor: Melinda Ginne, Ph.D., EDP 401802

Dec. 7
Neuropsychiatric Symptoms and Diagnostics of Dementia, 6 hours CE credit: BRN, LCSW/MFT, and Psychologists, Friday, Dec. 7, 9am-4pm, 425 Market Street, San Francisco, Fee: $195, Instructor: Heather L. Bornfeld, Ph.D., MSW, EDP 411371
Treating Depression in Older Adults, 6 hours CE credit, BRN, LCSW/MFT, and psychologists, Friday, Nov 9, 9am-4pm, 425 Market St., San Francisco, Fee: $205, Instructor: Patricia Arean, Ph.D.,EDP 411389
For all classes, please call (510) 642-4111 to enroll or (510) 643-3883 for more information.

BAY AREA

Series
FRIDAY AFTERNOONS AT THE MOVIES
With Sheila Malkind, Director, Legacy Film Series
A monthly program of documentary films that celebrate our elders (Free).
Friday, l0/26, 12:30.

Sweet Old Song- *Witness the relationship between two African-American artists: 92-year-old jazz and blues musician Howard Armstrong, and 60-year-old Barbara Ward, as they take on life's challenges together with humor, grace and feistiness.*

Friday, 11/2, 12:30.

Raananah - *View fifty years in the lives of the idealistic Jewish immigrants who formed the summer refuge, Raananah.*

The Yard People : An Intergenerational Love Story - *A group of African-American couples who came together during the 1940s, and fifty years later, continue to support each other.*

Friday, 12/14.

Life: The Silver Age - *The film examines the lifestyles of and caregiving for the elderly in Japan, India and Tunisia.*

Useless - *A Japanese-American businessman must come to terms with his retirement.*

Tsipa and Volf - *Through interviews with their grandson, two elderly Jewish Latvian emigres explore the fragility of memory and the strength of devotion.*

Close Harmony - *A delightfully warm look at an elementary school chorus joining with older adults to create a magical performance.*

At the Jewish Community Center of San Francisco, 3200 California St, San Francisco

Legacy Film Series: http://www.legacyfilmseries.com; 415/515-2708

October 24, 2007

CENTER FOR AGING & SPIRITUALITY

Uncluttered Living: How the Clutter of Resentments and Possessions Burden the Body and the Spirit

Presented by Dr. Patrick Arbore, Ed.D.

October 24, 2007, 8:30 AM - 4:00 PM

Los Altos United Methodist Church

Creekside Center

655 Magdalena Avenue

Los Altos Hills, CA 94024

In this workshop we will focus on cluttering and hoarding behavior.

CEUs will be offered through Stanford University for counselors, social workers and nurses only, for an additional fee of $20.
Questions: Please contact CAS at: 408. 454. 5625

OCTOBER 26
Senior Services Foundation & Honorary Co-Chairs Mayor Michael Sweeney, Hayward
Mayor Tony Santos, San Leandro Cordially Invite You to
FALL FEST 2007 Benefiting the Friendly Visiting Program & Honoring our Volunteers
FRIDAY, OCTOBER 26, 2007 5:30PM - 9:00PM, HAYWARD CITY HALL ROTUNDA, 777 B Street Hayward, California, Cocktails, Hors D'oeuvres, Music
$30 per person **RSVP by October 20**, 2007
For tickets or more information please call 510.433.9933
BART Accessible Free Parking

Saturday, October 27th
(**Note:** An incorrect date was given for this conference in our last newsletter)
The Alzheimer's Association on Saturday, October 27th offers **"Alzheimer's Disease: Circle of Care III," the annual education conference for family caregivers and professionals**, from 8:30am to 3:00pm at the Crowne Plaza Hotel, Foster City.
In this election season, Circle of Care III begins with **Stephen McConnell, PhD,** national Alzheimer's Association Vice President for Advocacy and Public Policy, on "Alzheimer's Politics and Policy: The View from Washington." **Frank Longo, MD, PhD,** Stanford
University School of Medicine, will provide an insider's view with "Update on Therapeutic Clinical Trials for Alzheimer's Disease." Both then join Alzheimer's Association Chapter CEO **William Fisher** for an armchair discussion: "Funding Alzheimer's Research In a Changing Political Environment." An array of timely Alzheimer's-related topics will then be presented by experts during breakout sessions that follow. An Exhibitors' Faire runs throughout the day.
Information/Registration (and to receive conference materials, including a detailed conference brochure): Contact Blanca Vazquez (mailto:education@alznorcal.org) ; 800-272-3900). **Online registration** is

available at http://www.alznorcal.org/ Conferences section, where the conference brochure is currently available online.
Cost (includes continental breakfast, lunch and all conference materials; free parking): $40 early bird special for family members ($50 after September 30); and $60 for professionals ($70 after September 30; includes 5 CEUs). **Limited number of scholarships.**

October 27, 2007
After the Sweet Bird of Youth: Exploring the issues of aging through Expressive Arts Therapy
Date: October 27, 2007
Time: 10:00 a.m. to 5:00 p.m.
Instructor: Kate T. Donohue, Ph.D., REAT
Location: Wiseman Room- Laguna Grove Care, 624 Laguna Street (between Ivy and Grove Streets) San Francisco, CA 94102
Cost: $125
Credits: 6 CEUs, MCEP-BBS - mandatory aging units
For information or to register see:
http://store.nexternal.com/shared/StoreFront/default.asp?CS=pi&StoreType=BtoC&Count1=789974391&Count2=707114815&CategoryID=1&Target=products.asp

Friday - November 2, 2007
VALIDATING THE LANGUAGE OF DEMENTIA OR DEEPER INTO THE SOUL
Join Dr. Nader Shabahangi -author of *Deeper into the Soul*-
Friday - November 2, 2007 - 10:00 a.m. - 5:00 p.m
Registration, Materials, Continental Breakfast, and 6 CEUs(BBS & BOP) $150
Deeper into the Soul sprung from the innovative Dementia Work This is an innovative approach based on the *Coma Work* of Arnold Mindell and process oriented psychology.
This approach understands Dementia symptoms as meaningful, expressions of the individual and society. These symptoms we can try to understand rather than pathologize. Is there a way that we can learn to listen to the voice of these symptoms?

Facilitator: *Nader R. Shabahangi, Ph.D.*, psychotherapist, writer and teacher, would like to change the landscape of understanding, interacting with and learning from people with Alzheimer's and Dementia. In his Forgetfulness Care program he takes humanistic-existential and Process Work methods into a new territory. His approach inspires a quantum leap and ancient wisdom in caregivers and interns at his assisted living facilities embracing the personal and social significance of alternate dream-like dimensions of human experience. Author of faces of Aging, and deeper into the Soul -in print.
Location
Wiseman Auditorium at Laguna Grove Care, 624 Laguna Street, San Francisco, CA 94102
Register online at:
http://cts.vresp.com/c/?PacificInstitute/6f26e9d46e/3b62f4ee75/ed64c33e55

Monday, November 5
The Deadly Triangle: Older Adults and Alcohol, Depression and Suicide
A FREE workshop for nurses, nursing home and residential care administrators, social workers, MFTs, LCSWs, alcohol/drug abuse counselors, psychologists and other professionals. CEUs available.
Monday, November 5, 2007 9:30 a.m. - 4:30 p.m.
9:00 a.m. Registration
SFSU Downtown Center425 Market Street
San Francisco, CA 94105Rooms 208/209
Space is limited. Please register by October 30th. Online registration available! Go to http://www.caregiver.org and click on “About FCA” and choose “Workshops and Classes.”
To register by phone, call our registration hotline, (800) 445-8106, ext. 411.

Friday, November 16, 2007
Workshop on Aging and HIV to Proceed Annual Meeting of the Gerontological Society of America
Session Title: Aging and HIV Infection: A Synthesis of Gerontology and Infectious Disease
Date: Friday, November 16, 2007
Time: 9:00 am - 5:30 pm

Location:
Hilton San Francisco and Towers
333 O'Farrell Street
San Francisco, CA 94102
Room: Union Square 5 & 6
Cost: for GSA Members: $100; for Non-Members: $120.00
Sponsored by HIV/AIDS and Older Adults Interest Group and NACDA, Program on Aging (National Archive on Computerized Data on Aging), University of Michigan
Program Description: In light of the growing number of adults, age 50 and over living with HIV/AIDS, gerontological researchers, practitioners and policy makers increasingly need and desire training related to the epidemiological, medical and psychosocial consequences of this disease. The full day workshop will provide a multi-disciplinary overview of these issues, touching on core health issues in the treatment of older adults experiencing the disease, case management and caregiver support, and other topics including data resources that help monitor and study prevalence and treatment. The workshop will address these topics through a series of didactic presentations in the morning followed by break-out discussion groups of special interest in prevention, clinical medical care and mental health care in the afternoon.
To Register: Information on how to register for the workshop or the conference is available at:
http://www.agingconference.com/registration_fees.cfm. Registration for the workshop can be done on site.
For more information, contact: Gerontological Society of America at 202-842-1275 or mailto:geron@geron.org.

November 17
Come meet your professional partners in Gerontology. You are invited to a reception sponsored by the **National Association for Professional Gerontologists** on Saturday, November 17, 2007, from 4:30-6:30 pm at Villa Florence Hotel, Machiavelli Room, 225 Powell St., San Francisco. Villa Florence is close to the GSA conference being held at the same time in San Francisco. For more information on NAPG, please visit the website at
http://www.NAPGerontologists.org.

CALIFORNIA

November 2
Proposal Writing Seminar
Friday, November 2, 9 a.m. to 4 p.m.
Check-in and coffee: 8:30 a.m. - 9 a.m.
The California Endowment
1000 North Alameda Street, Los Angeles, CA
Our expert instructors will teach you to craft a comprehensive, compelling proposal package-step by step. You'll hear what funders themselves have to say about proposals, and gain valuable insight into the review process.
For information and to register see:
http://foundationcenter.org/marketplace/catalog/product_training.jhtml?id=prod1440013

NATIONAL

October 18, 2007
LIVE Audioconference
1pm ET / 12pm CT
11am MT / 10am PT
60 minutes
Hosted by Patricia A. Trites, MPA, CHBC, CHCC, CHCO, CPC, EMS, CHP, CMP(H)
What's a coder to do? Simple. Join long-term care coding expert **Patricia "Pati" Trites MPA, CHBC, CPC, EMS, CHCC, CHCO, CHP, CMP(H)** for this 60-minute audioconference as she walks you through the new, revised and invalid ICD-9 codes. She'll give you practical tips on how to accurately use these codes to avoid payment problems.
For information or to enroll see:
http://www.audioeducator.com/industry_conference.php?id=583&trk=ELTC1374

November 14
LIVE Audioconference - **Therapy Revenue Enhancement Strategies for the Skilled Nursing Facility**
November 14, 2007 ~ 1:00 p.m. EDT ~ 60 minutes
Hosted by Kristen Mastrangelo, Elisa Bovee
For information or to enroll see:
http://www.audioeducator.com/industry_conference.php?id=629&trk=ELTC1472

Monday, December 10,
Preventing Fraud and Abuse
Between Home Health and Long-Term Care
Live Audioconference
From marketing tactics to patient referrals, home health agencies and long-term care facilities must take special care between themselves to run their businesses with the utmost integrity. But even then, HHAs and LTC facilities can slip into fraud and abuse situations unintentionally. So knowing all the latest rules to play by is your ticket to a compliant - and profitable - business.
To keep your nursing facility or home health agency in the clear, join healthcare attorney, **Robert W. Markette**, in this 1-hour session. He'll walk you through major federal laws that govern HHA and LTC relationships and help you apply them to everyday situations in your organization.
For information or to enroll see:
http://www.audioeducator.com/industry_conference.php?id=681&trk=EHHA3071

INTERNATIONAL

4th -6th September, 2008
Annual Conference of the British Society of Gerontology for 2008 will be held in **Bristol**. The conference will be held from 4th -6th September with a theme of 'Sustainable Futures in an Ageing World'. Conference speakers include Tony Benn, Miriam Bernard (University of Keele), Alex Kalache (World Health Organization) and Graham Rowles (University of Kentucky). Please visit our website at http://www.bsg2008.org.uk/ for information on registering for the conference, submitting an abstract and much, much more.

September 5 - 8, 2008

International Sociological Association (ISA) - RC-11 Sociology of Ageing

Diversities of Ageing: Discourses and Debates

First ISA Forum of Sociology

Sociological Research and Public Debate

Barcelona, Spain

RC11 ŒSociology of Ageing, will provide a platform for discourses and debates on the diversity of ageing. We invite abstracts for papers and abstracts for symposia on any topic related to the RC11 Programme theme Diversities of Ageing: Discourses and Debates. Papers with a cross-national, comparative focus and papers by researchers earlier in their career are particularly welcomed. Papers may be presented orally or as a poster. This **call for papers has a deadline for receipt of abstracts by 16 November 2007**. For more information contact: Andreas Hoff, Chair of the Programme Committee, Oxford Institute of Ageing, University of Oxford, at mailto:andreas.hoff@ageing.ox.ac.uk. Details on programme information, academic sessions and general information can be found at: http://www.isa-sociology.org/barcelona_2008/rc/rc11.htm

COMMUNITY RESOURCES/FUNDING INFORMATION

New Initiative Enables Community Colleges to Expand Opportunities for Americans Over 50 The American Association of Community Colleges (AACC) today announced a $3.2 million grant from The Atlantic Philanthropies to create or expand programs to serve 50-plus Americans at select community colleges around the nation. The colleges, which will be selected through a competitive process, will help identify and promote best practices in serving the older adult learner. To learn more about successful efforts by AACC member colleges to respond to students aged 50 and above, please contact Norma Kent at mailto:nkent@aacc.nche.edu, or at 202/728 0200.

Please Note: Due to anti-spam filters on some e-mail services, many messages are blocked or deleted. **Please add lists@berkeley.edu** to your e-mail system's "safe" list of senders to ensure receipt of our messages.

To subscribe to this newsletter: mailto:ddriver@berkeley.edu with "subscribe newsletter" on the subject line.

If a colleague has forwarded this newsletter to you, why not get the newsletter directly? Send an e-mail to mailto:ddriver@berkeley.edu with "Newsletter Only" in the message's subject field. If you are interested in receiving job postings in the field of aging in California (primarily but not exclusively in the Bay Area) send an e-mail note with "Jobs Only" in the message's subject field. If you would like to receive both the newsletter and job announcements place "Jobs & Newsletter" in the message's subject field.

Postings in this newsletter are for informational purposes only and do not constitute endorsement by the Resource Center on Aging or the University of California. **Please do not contact the UCB Resource Center on Aging about information on these posts. Contact the provider directly. Thank you.**

Donations

The newsletter and jobs lists are coplimentary services of the UC Berkeley Resource Center on Aging. Please consider making a donation to support this work.
Suggested amounts:
$10 a year for newsletter
$10 a year for job listings
$20 a year for both
$20 per job posting.
$10 per newsletter posting.

We appreciate all donations, large or small. Thank you (Donation year is January 1 - December 31 or any portion thereof.)
Please mail checks to:
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140 Warren Hall
University of California
Berkeley, CA 94720-7360