



Resource Center on Aging University of California Berkeley

New Resources on Aging

A Biweekly Email Newsletter from

Cal

The University of California at Berkeley

Resource Center on Aging

January 18, 2008

For a comprehensive edition of this newsletter see

<http://ist-socrates.berkeley.edu/~aging/ResourcesinAging.html>

the Monday after you receive this email.

Continued thanks to all for your generosity and support.

Let us know if you have made a donation and would like to be included on our **Donation Page on our WEB site** at:

<http://ist-socrates.berkeley.edu/~aging/donation.html>

EDITOR'S NOTES

Remember, If you would like to **post an event in the newsletter**, **please** email it **at least 3 weeks in advance** of the event to allow our readers time to plan. **The next newsletter will be published February 1.**

If you would like to use the **UC Berkeley Resource Center on Aging library**, please email Desi Owens at: <mailto:desiowens@berkeley.edu> or phone Desi at 510-643-6427. The library database can be seen at: <http://ist-socrates.berkeley.edu/~aging/library.html> Click on the sentence: *Click here to connect to the Resource Center on Aging Library online database.*

All Internet links in this newsletter have been checked. Please allow sufficient time for links to load, **especially pdf documents**

NEW ON THE WEB

Aging in the Media (Continued thanks to readers who forward media tips!)

Surfing for Life: It's about much more than catching waves, January, 2008, David Gibbons, *Thrive, Boomers & Beyond*. See: <http://www.nyc-plus.com/nyc31/surfingforlife.html>

Evening Standard, London: **Drug 'can reverse Alzheimer's symptoms in minutes'**. See: <http://www.thisislondon.co.uk/news/article-23431610-details/Drug+%27can+reverse+Alzheimer%27s+symptoms+in+minutes%27/article.do>

Consumer Sites

Best of the WEB/Aging provides a compilation of WEB sites devoted to the subject of aging. See: <http://botw.org/top/Health/Aging/>

Looking for **information about new drugs** and other medical experiments? Information about federally and privately supported clinical trials conducted in the U.S. and around the world is available at <http://www.clinicaltrials.gov>.

Research & Reports

From the Urban Institute:

Cash Balance Plans: What Do They Mean for Retirement Security?

Author(s): Richard W. Johnson, Cori E. Uccello See:

<http://www.urban.org/url.cfm?ID=1001120>

The following **forum podcasts** are available from the Urban Institute:

- Special-Needs Housing for the Frail Elderly and Homeless
<http://www.urban.org/Pressroom/firsttuesdays/january2008.cfm>
- Social Security Reform Abroad: What Lessons for the U.S.?
<http://www.urban.org/podcasts/upload/OEDec2007SSReform.mp3>
- Who Will Hire Me When I'm 64? Challenges in Increasing the Employment of Older Workers
<http://www.urban.org/podcasts/upload/FTDec2007.mp3>
- Is SCHIP Expansion a Step Toward Socialized Medicine?
<http://www.urban.org/podcasts/upload/VSSept2007.mp3>
- Can Social Security Reform Wait?
<http://www.urban.org/podcasts/upload/VSSept2007.mp3>
- Who Will Pay for Boomers' Long-Term Care?
http://www.urban.org/podcasts/upload/UI_FTMay012007.mp3
- The Role of Private Plans in Medicare's Future
http://www.urban.org/podcasts/upload/UI_HPCJan232007.mp3

From the National Bureau of Economic Research: "**Health Status, Health Care, and Inequality: Canada vs. the U.S.**," (NBER Working Paper [13429](#)). **June O'Neill** and **Dave M. O'Neill** take a closer look at the performance of the U.S. and Canadian health care systems. The authors examine whether the Canadian system delivers better health outcomes and distributes health resources more equitably than the U.S. system. See: <http://www.nber.org/papers/w13429>

The National Center on Caregiving at Family Caregiver Alliance (FCA) is pleased to announce the addition of new and updated data in its online resource, **Caregiving Across the States**. The database includes a separate profile for each state and the District of Columbia. Profiles contain the state's background characteristics related to caregiving and aging, as well as information on publicly-funded caregiver support programs. To learn

more about the family caregiving landscape in your state see:

http://caregiver.org/caregiver/jsp/content_node.jsp?nodeid=1272.

For more information, contact Amy Friedrich-Karnik at (800) 445-8106 or email <mailto:afriedrich@caregiver.org>.

The following, among many others, can be found at **AARP's Policy & Research Update** site at: <http://www.aarp.org/research/whatsnew.html>

- The Impact Of Higher Energy Prices On Winter Heating Costs: Many Consumers Over Age 65 To Be Hit Hard
- It's Good to Be Green: Socially Conscious Shopping Behaviors Among Boomers
- Reverse Mortgages: "Niche Product or Mainstream Solution? Report on the 2006 AARP National Survey of Reverse Mortgage Shoppers"
- What Now? How Retirees Manage Money To Make It Last Through Retirement

Practice Resources

The Hartford Institute for Geriatric Nursing at the New York University College of Nursing has launched a **new Web site, ConsultGeriRN.org**, an evidence-based authority on the care of older adults. The site was developed as a resource for nurses in clinical and educational settings, to provide up-to-the-minute information on best practices in caring for older adults and treating a wide range of symptoms and syndromes that particularly affect them. See: <http://www.consultgerirn.org/>

Crane Library Web Picks of the Week Thanks to Laurie Blanchard for her generosity in letting us duplicate these. If you wish to subscribe to the Web Pick of the Week, go to:

<http://lists.umanitoba.ca/mailman/listinfo/info-ltc>

Info-Connect

Info-Connect from the University of Iowa Geriatric Education Center are brochures which provide succinct, practical references for nursing home practitioners on key clinical topics. The following topics are some of the currently topics available in an on-line format:

Urinary Incontinence Management in the Nursing Home:

Restrain Free Resident Care

Tools for Assessment of Depression

Chronic Pain Management

Oral Hygiene Care for Palliative Residents in Nursing Homes

Oral Hygiene Care for Residents with Dementia

Managing Bathing Challenges for Residents with Dementia

For a complete list of topics go to:

<http://www.healthcare.uiowa.edu/igec/publications/info-connect/default.asp>

Informal Caregivers of Aboriginal Seniors

From the First People's Child and Family Review: A Journal on Innovation and Best Practices in Aboriginal Child Welfare Administration, Research Policy and Practice. 3(4), 2007.

http://www.fncfcs.com/pubs/vol3num4/Parrack_Joseph_pp106.pdf

Over 1 million Canadians aged 45-64 provide care to seniors with disabilities or physical limitations, and 70% are also employed ^ many full-time. Yet often policy assumes that all communities face the same eldercare challenges despite regional and cultural distinctions. This paper highlights what little is known about Aboriginal informal eldercare providers.

Trends in health, employment and migration continue to raise concerns about the availability of caregivers, particularly in isolated communities. Difficulties accessing services increases the burdens of caregivers both locally and at a distance. More information about the context of Aboriginal eldercare is sorely needed.

NEW PUBLICATIONS

Nothing New This Issue.

NEW AT THE CENTER LIBRARY(The Center Library Database can be searched on line at: <http://ist-socrates.berkeley.edu/~aging/library.html>)

Palliative Care: An Oxford Core Text (2002), Christina Faull and Richard Woof, Oxford University Press.

Listening Is an Act of Love: A Celebration of American Life from the StoryCorps Project (2007), David Isay (Ed.), The Penguin Press, New York.

CD: Listening Is an Act of Love: A Celebration of American Life from the StoryCorps Project (2007), Narrated by David Isay, Penguin Audio.

Musicophilia: Tales of Music and the Brain (2007), Oliver Sacks, Alfred A. Knopf, New York & Toronto.

CALENDAR OF EVENTS

Note: Except for UC Berkeley, the following are **all newly submitted events**. For a comprehensive calendar see *Resources on Aging* on our WEB site at:

<http://ist-socrates.berkeley.edu/~aging/ResourcesinAging.html> The **Gerontological Society of America** maintains a national/international calendar at: <http://www.geron.org/calendar.htm>.

UC Berkeley

The University of California, Berkeley Center for the Advanced Study of Aging Services is Co-Sponsoring with the Institute on Aging the following series of professional education programs on the "**Secrets of the Aging Mind.**"

All programs will be held at The Event Center, Saint Mary's Cathedral, 1111 Gough Street, San Francisco.

Please mark your calendars for the upcoming dates, and watch for more information!

January 24, 2008, 8:30 am - 4:30 pm MENTAL ILLNESS AND AGING: DIFFICULT BEHAVIORS THAT CHALLENGE PROFESSIONALS

March 13, 2008, 8:30 am - 4:30 pm RECOGNIZING AND RESPONDING TO CLUTTER ADDICTION AND COMPULSIVE HOARDING IN OLDER ADULTS

May 15, 2008, 8:30 am - 4:30 pm BRAIN HEALTH ACROSS THE LIFESPAN

*For specific details on each program please visit:

<http://education.IOAging.org> or to register visit:

http://education.ioaging.org/sign_up.html For information: Call Danna Moore at (415) 750-4180 x227

February 13, 2008

Please join *Creating Aging-Friendly Communities* hosted by the University of California at Berkeley for a unique **online** experience

🕒 *Explore* over 25 different presentations on creating more aging-friendly communities

🕒 *Engage* with national experts such as Jennie Chin-Hansen (AARP), Judy Goggin (Civic Ventures) and Jody Kretzmann (ABCD Institute)

🕒 *Discover* what other communities are doing to be more aging-friendly

🕒 *Network* to explore and solve your community's issues

☉ *Identify* approaches that work

☉ *Access* practical tips, models, tools, and training materials

For more information or to register for the conference go to

<http://www.agingfriendly.org>

BAY AREA

Mountain Area 55+ Program Schedule of Events in February, 2008

The Mountain Area 55+ Program meets at the Loma Prieta Community Center, Loma Prieta/C.T. English School, Summit Road in Los Gatos every other Monday from 10:30AM until 12 noon -- and we invite local folk to join us.

Monday, February 11, 2008 we'll have a **pre-Valentine's Day Potluck** .

From 10:30-11:15, the Program will be open for table games such as Bridge, Backgammon, Pokeno, Scrabble, and puzzles, or if you'd like to flex your creative muscles, art supplies will be available to make a special Valentine card, gift box, or hanging. Coffee, tea, juices, napkins, plates, plastic ware will be supplied. Let's actually start to eat around 11:15AM-ish.

Monday, February 25, 2008 Lani Christianson, a volunteer with German Shepherd Rescue of Northern California will present a program on animal rescue. **Please note:** a representative from the Council on Aging will be available to provide counseling and answer questions about health insurance. Appointments are every half hour beginning at 10:30AM. If you would like an appointment, please call (408) 354-2360 , leave your name and phone number, and specify that you're calling for the Mountain Area 55+ Program.

Tuesday, February 12

The City of Fremont's Human Services Department in partnership with The Tri-City Elder Coalition through its Pathways to Positive Aging

Project presents a volunteer forum entitled, "**Coming of Age: The Power of the 50+ Volunteer**" The forum is for non-profit organizations, government and businesses interested in learning how to create meaningful opportunities for the 50+ volunteer. Keynote speaker will be Jan Masaoka, former executive director of compass point and current director/editor-in-chief of Blue Avocado Magazine. The forum will include a panel discussion on recruiting volunteers from the immigrant community and several workshop sessions focused on the 50+ volunteer. The date is Tuesday, February 12, 2008 from 9 AM to 3 PM at Washington Hospital West, Anderson Conference Room, 2500 Mowry Avenue, Fremont, CA. Registration is \$25.00 if registered and \$30.00 at the door. To register: go to <http://www.eventbrite.com/event/89074424>. For more information, contact Tanya Mendoza at <mailto:tmendoza@ci.fremont.ca.us> or call (510) 574-2081. Lunch is included.

CALIFORNIA

February 11-12

2nd International Conference on Elder Abuse

Registration for the 2nd International Conference on Elder Abuse: Medical Abuse and Multidisciplinary Aspects, is now open! Early registration ends January 14, 2008.

The conference is being held in Newport Beach, California, February 11-12, 2008. Presented by the University of California, Irvine School of Medicine, Program in Geriatrics, this day and a half conference will provide a forum for education and discussion on recent issues, model programs, and research in elder mistreatment.

Visit <http://www.elderabuseconference.org> for more information on the conference and to register now! Continuing education credits available.

NATIONAL

The National Center for Senior Transportation will be hosting two distance learning sessions on mobility management.

The first session, “**Mobility Management: What is it and why should you do it?**” will highlight basic information regarding mobility management. **Ken Fischer**, senior vice president with McDonald Transit Associates, Fort Worth, Texas, will discuss the basics of mobility management, including definitions, who benefits and why agencies should consider implementing a mobility management program. This free one-hour audio program will be at 2 p.m. EST **Thursday, Feb. 7**. Access is by telephone, and a toll-free number and dial-in code will be provided. Sign up for session one at:

<http://seniortransportation.easterseals.com/site/Calendar?view=Detail&id=19161>

A second session, “**Mobility Management: Successful Strategies,**” will address two mobility management models in practice. During this session, **Julie Wilcke** with Ride Connection in Portland, Oregon, **Rochelle Ferguson** with Palmetto Breeze in Bluffton, South Carolina and **Lynnda Bassham** with the Lower Savannah Council of Governments in Aiken, South Carolina will discuss their mobility management models in practice, including coping with the challenges that arise and successful strategies to success. This free one-hour audio program will be at 2 p.m. EST **Thursday, March 6**. Access is by telephone, and a toll-free number and dial-in code will be provided. Sign up for session two at:

<http://seniortransportation.easterseals.com/site/Calendar?view=Detail&id=19181>

If you have any questions, contact Kristi Ross at 866-528-NCST (6278) or email: <mailto:kross@easterseals.com>.

A **fact sheet on mobility management can be viewed at:**

http://projectaction.easterseals.com/site/DocServer/Mobility_Management

[FINAL_5Dec07.pdf?docID=56743](#). This resource explains Mobility Management in more detail, including information about getting a program started and programs in progress.

INTERNATIONAL

23-25 June 2008

Social Policy Association Annual Conference, Edinburgh University,

REMINDER - CALL FOR ABSTRACTS

CLOSING DATE 1 February 2008

Abstracts for papers should be in the form of an e-mail attachment of 300-400 words mailed to spa08@ed.ac.uk by the closing date of Friday 1 February 2008. Decisions on acceptances will be made by 22 February 2008. The deadline for full papers will be 9 June 2008. Early booking for the conference at a discount has to be made by 23 April 2008 and the final deadline will be 23 May 2008.

Further information, including the list of thematic streams for paper presentations, is available on

<http://www.social-policy.com/conferences.aspx>

COMMUNITY RESOURCES/FUNDING INFORMATION

Nothing New This Issue

Please Note: Due to anti-spam filters on some e-mail services, many messages are blocked or deleted. **Please add lists@berkeley.edu** to your e-mail system's "safe" list of senders to ensure receipt of our messages.

If a colleague has forwarded this newsletter to you, why not get the newsletter directly? Send an e-mail to <mailto:ddriver@berkeley.edu> with "Newsletter Only" in the message's subject field. If you are interested in receiving job postings in the field of aging in California (primarily but not exclusively in the Bay Area) send an e-mail note with "Jobs Only" in the message's subject field. If you would like to receive both the newsletter and job announcements place "Jobs & Newsletter" in the message's subject field.

Postings in this newsletter are for informational purposes only and do not constitute endorsement by the Resource Center on Aging or the University of California. **Please do not contact the UCB Resource Center on Aging about information on these posts. Contact the provider directly. Thank you.**

Donations

The newsletter and jobs lists are complimentary services of the UC Berkeley Resource Center on Aging. Please consider making a donation to support this work.

Suggested amounts:

\$10 a year for newsletter

\$10 a year for job listings

\$20 a year for both

\$20 per job posting.

\$10 per newsletter posting.

We appreciate all donations, large or small. Thank you (Donation year is January 1 - December 31 or any portion thereof.)

Please mail checks to:

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