



Resource Center on Aging University of California Berkeley

New Resources on Aging

A Monthly Email Newsletter from
The Resource Center on Aging
University of California at Berkeley

February, 2009

EDITOR'S NOTES

A copy of this newsletter that includes all events that have not expired is updated monthly at:

<http://ist-socrates.berkeley.edu/~aging/ResourcesinAging.html>

Prior editions (pdf files only) of *New Resources on Aging* can be accessed at: <http://idisk.mac.com/dianedriver-Public>. Click on the folder you wish to access (2008, 2009). Then click the arrow to the right of the edition(s) you'd like to download.

Let us know if you have made a donation and would like to be included on our **Donation Page on our WEB site** at:

<http://ist-socrates.berkeley.edu/~aging/donation.html>

Continued thanks to all for your generosity and support.

If you would like to use the **UC Berkeley Resource Center on Aging library**, please email Desi Owens at: <mailto:desiowens@berkeley.edu> or phone Desi at 510-643-6427. We have a new program for our library database. Take a look at: <http://www.libraryworld.net/cgi->

bin/opac.pl?command=signin&libraryname=ucb_center_on_aging&guest=allow

The next edition of the newsletter will be published Friday, March 6th. The deadline for items to be included in this issue is Monday, March 2nd. Please email to <mailto:ddriver@berkeley.edu>.

All Internet links in this newsletter have been checked. Please allow sufficient time for links to load, **especially pdf (Portable Document Format) documents**. To view a pdf document, you will need the [Adobe® Acrobat® Reader](http://www.adobe.com/products/acrobat/readstep2_allversions.html) available free from Adobe at:

http://www.adobe.com/products/acrobat/readstep2_allversions.html

If for some reason a link does not work, copy and paste the address into your browser.

NEW ON THE WEB

Aging in the Media

(continued thanks to readers who forward information.)

Listen Fridays from 12:30 to 1PM on KSRO, 1350 AM to "**The Elder Care Show**," with interviewer/host Kira Reginato. A guest is on three weeks of the month, and one week per month the host take calls the whole show. See: <http://www.ksro.com/>

Alzheimer's: Is the Cure in the Genes?

By 2050, as our population ages, 15 million Americans will suffer from Alzheimer's disease-- triple today's number. Researchers at San Francisco's Gladstone Institutes have found that a gene may hold the key to a cure. See Quest: Watch this Quest program at:

<http://www.kqed.org/quest/television/alzheimers-is-the-cure-in-the-genes>

Over Fifty, Overdrawn The economic crisis is affecting people in all income and social brackets, but America's baby boomers and seniors don't

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have the option to wait it out. See this portion, week of 1.23.09, of PBS's *NOW* at: <http://www.pbs.org/now/shows/504/index.html>

Fountain Of Youth In A Wine Rx? Researchers Tell Morley Safer on 60 Minutes that Red Wine Substance Resveratrol Could One Day Lengthen Lives. See: <http://www.cbsnews.com/stories/2009/01/25/60minutes/main4752082.shtml>

Your Mother Is Moving In? That's Great, By PENELOPE GREEN, Published: January 14, 2009, New York Times: [http://www.nytimes.com/2009/01/15/garden/15mothers.html?_r=2&sq=Your Mother is Moving In? &st=ny&scp=1&pagewanted=all](http://www.nytimes.com/2009/01/15/garden/15mothers.html?_r=2&sq=Your%20Mother%20is%20Moving%20In?&st=ny&scp=1&pagewanted=all)

EDITORIAL: **Caring for the Caregivers,** Published: January 27, 2009, New York Times: http://www.nytimes.com/2009/01/28/opinion/28wed1.html?_r=1&th&emc=th

Consumer Resources

The Environmental Protection Agency's **Aging Initiative Website** provides a wealth of information (including excellent fact sheets!) about the Agency's efforts to protect the environmental health of older persons. See: <http://www.epa.gov/aging/>

In Search of a Good Doctor is an excellent article By PAULINE W. CHEN, M.D., Published: January 8, 2009 in the New York Times. It includes a compilation of recommended WEB sites. See: <http://www.nytimes.com/2009/01/09/health/08chen.html>

Research & Reports

Don't forget to check out **What's New on AARP Policy & Research** at: <http://www.aarp.org/research/whatsnew.html>

The **Federal Interagency Forum on Aging-Related Statistics** (Forum) was initially established in 1986, with the goal of bringing together Federal agencies that share a common interest in improving aging-related data. See: http://www.agingstats.gov/Agingstatsdotnet/Main_Site/About/About_Forum.aspx

A Profile of Older Americans: 2008 from The Administration on Aging can be found at: <http://www.mowaa.org/Document.Doc?id=69>

Fact Sheet on Retirement Policy

Senior Unemployment Rate Hits 31-Year High, January 2009,

Richard W. Johnson. See:

http://www.urban.org/UploadedPDF/901210_senior_unemployment_rates.pdf

A copy of the NATIONAL BUREAU OF ECONOMIC RESEARCH newsletter, **BULLETIN ON AGING AND HEALTH**, can be seen at: <http://www.nber.org/aginghealth/2008no4/2008no4.pdf>

A New research summary has been posted to the Aging Research Translator (ART).

Consequences of Parental Divorce for Adult Children's Support of Their Frail Parents. Please follow the link to view this new post and the entire blog index of aging research summaries.

<http://www.agingresearchtranslator.com/blog.php> ABSTRACT: In this article, the authors focus on divorce and remarriage because it is assumed that divorce weakens the bonds between parent and child. This has important implications for later in life. As years pass, and these parents are aging, will their children (now adults) support them (financially or personally)?

Higher Education for Older Adults, Mapping New Directions: Second Report: **Reinvesting in the third age: Older Adults and Higher Education**. See:

<http://www.acenet.edu/Content/NavigationMenu/ProgramsServices/CLLL/Reinvesting/MapDirections.pdf>

Compression of Morbidity

This series of SAGECasts explores the shortening of time between the onset of chronic diseases and death. Many researchers believe that by compressing morbidity, rather than aiming for pure life extension, the greatest benefits for individuals and society will be achieved.

Listen as the experts discuss the pros and cons of research focused on compression of morbidity: <http://agingresearch.list-manage.com/track/click?u=ee2c96e4810edaad710ee4956&id=b36e3e079f&e=3BnPK6bW00>

Discussants

- Aubrey de Grey, PhD--Methuselah Foundation, Should Compressing Morbidity be the Focus of Gerontological Research?
- James Fries, MD--Stanford University School of Medicine, The Origin of the Compression of Morbidity Theory
- Alexandre Kalache, MD, PhD--New York Academy of Medicine, The Benefits to Society and the Keys to Attainment

SAGE Crossroads, the premier on-line forum for emerging issues of human aging. (**Editor's Note:** These are top notch presentations!)

Medicaid Tops Funding for Nursing and Residential Care Facilities

see: http://www.census.gov/Press-Release/www/releases/archives/service_industries/013148.html

Rethinking Age and Aging, by Warren Sanderson and Sergei Scherbov (December 2008), Population Reference Bureau. See:

<http://www.prb.org/Publications/PopulationBulletins/2008/aging.aspx>

Chapter 10 of the Congressional Budget Office's report Budget Options Volume I Health Care is an **analysis of long-term care policy options**.

See: <http://www.cbo.gov/ftpdocs/99xx/doc9925/12-18-HealthOptions.pdf>

International Reports

INSTITUTE OF ECONOMIC AFFAIRS [LONDON]: **Understanding the Labour Market for Older Workers**, by John S. Heywood and W. Stanley Siebert (IEA Discussion Paper No. 23, November 2008, .pdf format, 35p.). <http://www.iea.org.uk/files/upld-book446pdf?.pdf>

AgeSource Worldwide identifies several hundred clearinghouses, libraries, databases, training modules, major reports, Web metasites, and other information resources in some 25 countries.

AgeStats Worldwide provides access to comparative statistical data that compare the situation of older adults across countries or regions around a variety of issues areas.

Both the **AgeSource** and the new **AgeStats Worldwide** databases are now available at: <http://www.aarpinternational.org/database/>

These databases were produced and are maintained by AARP.

Gender and Well-Being of Older Persons in Cambodia, by John E. Knodel and Zachary S. Zimmer (PSC Research Report No. 09-665,

January 2009, .pdf format, 34p.). Links to the abstract and full-text can be found at:

<http://www.psc.isr.umich.edu/pubs/abs/5643>

Practice Resources

The **LGBT Aging Issues Network (LAIN)** is the constituent group of the American Society on Aging that brings together professionals in a wide range of fields and settings who are interested in the concerns of lesbian, gay, bisexual, transgender and intersex individuals ages 50-plus. See: <http://www.asaging.org/larc/>

Family Caregiving: Emerging Practices & Tools for Professionals from the Family Caregiver Alliance can be found at:

http://www.caregiver.org/caregiver/jsp/content_node.jsp?nodeid=2265

The **National Eldercare Professionals Community** is a site that is focused on small business eldercare professionals who wish to grow their business, it is not a caregiver focused community. See:

<http://www.eldercaredecisions.com/>

The VA Nationwide Palliative Care Network is delighted to inform you that Stanford eCampus **Cancer Palliation Education Network (Cancer PEN) web based curriculum** is now available at:

<http://ecampus.stanford.edu> The CancerPEN curriculum is a web based curriculum created and hosted at Stanford University School of Medicine. The curriculum is made of a series of standalone video and rich multimedia online modules. The first module is on "Giving Bad News" which includes both a text based version plus a video e-talk by David Weissman, MD, Professor of Medicine, Medical College of Wisconsin. In the next few months, we plan to release several modules (approximately

one per month) created by national and international palliative care experts.

How to access and complete the curriculum:

1. Please go to <http://ecampus.stanford.edu> to register.
2. Your user name and password will be emailed to you.

Crane Library Web Picks of the Week Continued thanks to Laurie Blanchard for her generosity in letting us duplicate these. If you wish to subscribe to the Web Pick of the Week, go to:

<http://lists.umanitoba.ca/mailman/listinfo/info-ltc>

Best Practice Guidelines in Long Term Care

These three documents from Ontario look at best practice guideline awareness and implementation in long term care.

ABCs of BPGs Workbook (Registered Nurses Association of Ontario, 2007) <http://www.rnao.org/Page.asp?PageID=924&ContentID=1911>

The ABCs of BPGs Workbook is designed to provide nurses in the long term care sector with a basic introduction to Nursing Best Practice Guidelines (NBPGs). After completing the Workbook, the nurse will have a greater understanding and appreciation for NBPGs~including how BPGs are developed; outcomes of using a NBPG; and the challenges a long-term care home might face when implementing NBPGs.

Promoting awareness and uptake of best practice guidelines in long-term care: a process evaluation. (Nursing Health Services Research Unit, University of Toronto. In 2006, the Nursing Health Services Research Unit (NHSRU), University of Toronto site, conducted a process evaluation of the Best Practice Guidelines (BPG) Coordinator Initiative. This report was entitled Promoting Awareness and Uptake of Best practice Guidelines in Long-Term Care: A Process Evaluation-Summary of Phase I Findings.

<http://www.nhsru.com/documents/BPGLTC Study Phase 1 Final Report Revised April 5 2 .pdf> The second project document is an interim report

for Phase 2, discussing the impact of the BPG Coordinator Initiative. The information for this phase was collected between February and August 2007. <http://www.nhsru.com/documents/BPGLTC Phase 2 Interim Rpt Dec 10. FINAL..pdf>

The dining experience of residents with dementia in long-term care facilities <http://www.sfu.ca/grc/documents/SHUPv17n2.pdf> This article, based upon the work of Lillian Hung's MA Thesis, was published in the Simon Fraser University Gerontology Research Centre newsletter, *Senior's Housing Update*, in 2008. The article deals with dining issues in dementia care and caregiving, as well as the complex interrelationship between institutional design and how it can affect caregiving. Archived issues of the newsletter feature other brief but concise summaries of interesting new research in gerontology and geriatrics. To access past issues, go to: <http://www.sfu.ca/grc/seniorshousing/index.html>

Discussions by Elders and Adult Children About End-of-Life Preparation and Preferences Published in the CDC's *Preventing Chronic Disease: Public Health Research, Practice and Policy* series (Volume 5: No. 1, January 2008), this project focused on informal family communication about end-of-life preparation and preferences, about which little is known.

In the United States, 73% of deaths occur among people aged 65 years or older. Although most would prefer to die at home after a short illness, most actually die in institutions after prolonged declines. Despite this discrepancy, elders and their adult children often do not discuss end-of-life preferences. Use of advance directives has not been widespread, and people often avoid the subject until a crisis. Researchers conducted in-depth exploratory interviews with 15 older adults about their end-of-life preparation and preferences and with 15 younger adults about their parents, end-of-life preparation and preferences. The interview included an item rating the depth of discussion:

http://www.cdc.gov/pcd/issues/2008/jan/07_0141.htm

Medication Safety in Long Term Care

<http://www.ismp-canada.org/ISMPCSafetyBulletins.htm> From The Institute for Safe Medication Practices Canada (ISMP Canada), an independent national nonprofit agency established for the collection and analysis of medication error reports and the development of recommendations for the enhancement of patient safety, this bulletin shares information related to medication safety in long-term care. In response to widespread interest in improving systems and processes to enhance medication safety, ISMP Canada has developed a series of Medication Safety Self-Assessment® (MSSA) programs for a variety of settings. The MSSA for Long Term Care is a comprehensive survey directed toward multidisciplinary teams in long-term care settings such as nursing homes and homes for the elderly. This bulletin provides an excellent summary of this program.

NEW AT THE CENTER LIBRARY

To use the library, make an appointment with the Center's Academic Coordinator, Desi Owens: <mailto:desiowens@berkeley.edu>. To view the Center's library database on line see:

<http://opac.libraryworld.com/cgi-bin/opac.pl?command=signin&libraryname=ucb%20center%20on%20aging>

Wallace, S. P., Lee, J. H., and Aydin, M.J. *Trends in the Health of Older Californians: Data from the 2001, 2003, and 2005 California Health Interview Surveys*. Los Angeles, CA: UCLA Center for Health Policy Research, 2008.

NEW PUBLICATIONS

To subscribe to this newsletter: <mailto:ddriver@berkeley.edu> with "subscribe newsletter" on the subject line.

The 2009 editions of the **Born To Age Senior Care Directories** for Napa, Solano, Contra Costa and Marin/Sonoma Counties are now available. These directories not only contact listings of business, agencies and services for seniors, family members and caregivers, but also compare costs/services of home care agencies and area mortuaries for direct cremations and immediate burials. All the directories are also available on line at: <http://www.borntoage.com>. You can order directories in bulk or individually by emailing: <mailto:borntoage@hotmail.com>. Or, call Yvonne Baginski, 707-226-7127. The directories are offered without charge. The Alameda County Directory will be available in late February.

CALENDAR OF EVENTS

Note: Except for UC Berkeley, the following are **all newly submitted events**. For a comprehensive calendar see *Resources on Aging* on our WEB site at:

<http://ist-socrates.berkeley.edu/~aging/ResourcesinAging.html>

The **Gerontological Society of America** maintains a national/international calendar at:

<http://www.geron.org/Resources/Events Calendar>

UC BERKELEY

February 20, 21 and 22

This festival is co-sponsored by The UC Berkeley Resource Center on Aging.

Pacific Institute presents the **First International Film Festival on Aging**, offering new perspectives, exciting explorations and diverse images of elders from around the world as a new generation prepares to redefine what it means to be an elder.

- Friday, February 20, 2009, Daytime and Evening Showings, Castro Theater, 429 Castro, San Francisco
- Saturday, February 21, 2009 & Sunday, February 22, 2009, Daytime and Evening Showings, AMC Van Ness 14, 1000 Van Ness Avenue in San Francisco and AMC Bay Street 16, 5614 Shellmound St #220 in Emeryville

For tickets and information about the First International Film Festival on Aging call (415) 861-3455 or visit the <http://www.filmfestonaging.org> or <http://www.pacificinstitute.org>.

The University of California Berkeley Center for Advanced Study of Aging is serving as a co-sponsoring organization for The Institute on Aging educational series that explores **four cornerstones of professional eldercare**. This quarterly series will address end-of-life care, caregiving, clinical care and issues of capacity. It will be held at St. Mary's Cathedral Event Center, 1111 Gough Street, cross street Geary, San Francisco, CA 94118

To register see: <http://cornerstonesofcare.eventbrite.com/>

- **The Labyrinth of Caregiving: Current and Future Issues and Options**, Wednesday, February 11, 2009 -- 8:30 AM to 4:30 PM <http://education.ioaging.org/cornerstones/caregiving.html>
- **The Complexities of Clinical Care in the 21st Century**, Wednesday, May 13, 2009 - 8:30AM - 4:30 PM http://education.ioaging.org/cornerstones/clinical_care.html
- **Capacity: What Is It? How Do We Assess It? What Happens When We Lose It?**, Wednesday, September 16, 2009 -- 8:30 AM to 4:30 PM <http://education.ioaging.org/cornerstones/capacity.html>

For further information contact Janet Howell, Project Manager, in IOA's Department of Education at (415) 750-4180 ext 227

BAY AREA

San Francisco Bay Area and Northern California Seniors!: Brain Games? Writing Workshop? Current Events? Armchair Travelers? Health Presentations? Support Groups? On the telephone? Yes! And it's FREE! If it's difficult for you to go out to a community senior center, you are welcome to join these or any of our other activities **-all from the comfort of your own home.** Please call for more information. Toll-free: 1-877-797-7299. Visit **Senior Center Without Walls** WEB site at: <http://www.SeniorCenterWithoutWalls.org> for the Spring calendar.

Don't miss **art exhibits** of the Center for Elders and Youth in the Arts. See http://ceya.ioaging.org/upcoming_events.html for a list of events.

Four Seasons of Health

A year-long series of seasonal events to promote healthy aging. These four "Seasons" of no-cost programs emphasize simple solutions and daily living practices that seniors can adopt to improve their overall health and well-being.

Season 1 held in January.

Season 2

Brain Fitness April - June 2009

Enhance life - exercise for brain power! Remain independent by making your own decisions and challenge yourself to learn more everyday.

Launch Event **Friday, April 24, 2009 | 10AM to 1PM**

Washington Hospital West, 2500 Mowry Ave., Fremont

Season 3

Walk This Way July - September 2009

Renew a commitment to uplift your soul!

Stay passionate about doing what you love by keeping active.

Launch Event **Friday, June 26, 2009 | 10AM to 1PM**
Fremont Main Library, 2400 Stevenson Blvd., Fremont
Season 4

Smart Nutrition October - December 2009

Integrate body, mind, and spirit with the foods you eat!

Explore a bounty of new ideas in eating for life.

Launch Event **Thursday, October 15, 2009 | 10AM to 12Noon**

Kaiser Permanente Hospital, 39400 Paseo Padre Pkwy., Fremont

Tuesday, November 10, 2009 | 2PM to 4PM

Kaiser Permanente Medical Offices, 3553 Whipple Rd., Union City

For more information about how to participate in or register for

Four Seasons of Health. **Phone:** (510) 574-2044, **Email** Tanya Mendoza

at <mailto:tcec3000@gmail.com>, or go to the Tri-City Elder Coalition

Website: <http://www.tceconline.org>

Wednesday, February 11

Osher Lifelong Learning Institute-SF State presents the

Aging Explorers' Lecture Series

Visible and Vibrant: Re-framing Ideas of Age and Identity for the 21st Century

Gwen Mazur is a noted author, speaker and style consultant.

She has worked with corporate executives as well as Oprah Winfrey.

She has successfully lead workshops throughout the Bay Area

<http://www.gwenmazer.com>

WHERE: SF State Downtown Campus, 835 Market St., Rooms 612/613

Served by MUNI and BART - Powell St. Station

Parking at the Mission Street Garage

WHEN: Wednesday, February 11, 2009

TIME: 12:15pm - 1:45pm - Lecture and Questions, 2:30pm -

4:00pm - Discussion

Admission: Free to OLLI and CLIR members, \$10 or sliding scale for nonmembers. No one turned away for lack of funds. For further information call: (415) 817- 4270.

Older and Wiser: Get Smart About Wills and Trusts

Sara R. Diamond, Attorney at Law, will provide basic legal knowledge for seniors.

Friday, February 13th, 2009 - 10:30am to 12noon

FREE WORKSHOP

Elder law attorney *Sara Diamond* discusses what seniors and baby boomers need to know to protect themselves legally as they age. This workshop will include information on:

Power of Attorney

Advance Health Care Directive Documents

Basics of wills, trusts, trust administration and probate avoidance

Location: The Unity Council, Program Manager, Senior Srvcs., Fruitvale-San Antonio Senior Center, Posada de Colores, Casa Velasco and Las Bougainvilleas, 3301 E. 12th Street, Suite #201, Oakland, CA 94601

Contact: Michelle Taylor Lagunas, 510.535.6931,

<mailto:MLagunas@unitycouncil.org>, or <http://www.unitycouncil.org/>

Sunday, February 15

A One-Day Lecture and Workshop for those in a Caregiving Role.

Guest Speaker: **Bett Lujan Martinez, M.Ed.**, Executive Director, The Possible Society of California

Lecture and Interactive Workshops on:

- Tai Chi/Qigong/Meditation
- Yoga/Stretching
- Shiatsu and Self-Massage
- Aromatherapy

Registration includes a healthy buffet, lecture, plus two workshops PLUS.... Free passes to a local exercise facility given out to the first 100 guests. For more information contact Millman Respite Center at (925) 938-7800, ext. 257.

When: 12:30 - 4:00 PM

Where: Concord Senior Center, 2727 Parkside Circle, Concord, CA 94519

Fee: \$20 per person

Register: <http://www.ccjcc.org/holisticsevent>, (925)938-7800 x257

February 19

Call for Volunteers--Help LGBT Seniors Locate Affordable Housing

Do you care about low-income housing welcoming to LGBT seniors?

openhous, a nonprofit organization dedicated to helping lesbian, gay, bisexual and transgender (LGBT) older adults connect with housing, services and community, needs your help!

San Francisco residents need a centralized place to find information about the low-income housing options available to us. openhouse is working hard to create a comprehensive, low-income senior housing resource anyone can use to find information about waiting lists, accessible housing, LGBT-friendly communities, and more. The information collected for the list will be made available to all community members.

That's where YOU can help!

We are seeking dedicated volunteers to help us gather information from different senior residential communities in the City. Join us on Thursday, February 19, 2009 from 3:00-4:30PM to get involved!

To find out more information, contact open house at (415) 296-8995 and ask for Jason Alley or email <mailto:jason@openhouse-sf.org>.

Wednesday, February 25, 2009 at 1PM

Fall Prevention Lecture Offered at 55+ Program

Balance and fall prevention take on increased importance as individuals age. Statistics have shown that one out of every three Americans over the age of 60 will suffer an injury due to a fall during this year. And importantly, nine out of ten hip fractures in the elderly are a result of a fall. As part of their Speaker's Bureau program, Good Samaritan Hospital Rehabilitation Services will be presenting a free lecture on Fall Prevention at the 55+ Program in the Main Hall at the Los Gatos Neighborhood Center, 208 E. Main Street. The informational lecture will be presented by Physical Therapist, Joyce Chadderdon, who is also a certified balance specialist. Highlights of the presentation will include:

- How to determine if you or a loved one is at risk for falling
- Fall prevention strategies for the home and community
- Exercises to help prevent falls
- Information regarding therapy and classes for fall prevention

For more details, please contact The 55+ Program, (408) 354-2360.

Friday, February 27, 9:00 AM to 3:00 PM

North Oakland Senior Center, 5714 Martin Luther King Way, Oakland, 94609

Stagebridge is pleased to announce our **second all-day training** in *TimeSlips*, the innovative, transformative group storytelling activity that gives people with dementia a chance to express their creativity!

TimeSlips is a creative storytelling method, originally designed to be used with people with dementia and their caregivers.

Stagebridge, the oldest senior theatre company in the nation, is the California Training Base for *TimeSlips*. Stagebridge offers one-day trainings to certify facilitators in the *TimeSlips* method. Trainings are led by Stuart Kandell, Ph.D., founder and director of Stagebridge and Liz Nichols, M.A., storytelling director. Stagebridge is the recipient of the American Association on Aging 2009 MetLife Mind Alert Award.

The all day workshop \$85 fee includes a manual and lunch. You can learn more about *TimeSlips* at <http://www.timeslips.org>, and you can download the workshop registration form at: [http://www.stagebridge.org/TimeSlipsRegistrationForm 2.27.09.pdf](http://www.stagebridge.org/TimeSlipsRegistrationForm2.27.09.pdf).

For more information contact Liz at 510.444.4755 x115 or email at <mailto:liz@stagebridge.org>.

February 28

Difficult Conversations About Difficult Decisions

A free workshop on talking with a loved one about end-of-life care.

When: Saturday, February 28, 2009; 10:00 a.m.- 1:00 p.m.

Where: St. Peter's Community Adult Day Care Center, San Leandro

Speaker: Donna Schempp, LCSW, FCA Program Director.

To Register:

http://caregiver.org/caregiver/jsp/content_node.jsp?nodeid=518 or call Jennifer Hull at (800) 445-8106 ext. 317.

CALIFORNIA

Tuesday, February 17

Santa Cruz County Conversation about California's Future with San Francisco Mayor Gavin Newsom

Where: Cocoanut Grove – Sun Room (Entrance B)

400 Beach Street – Santa Cruz, CA

When: Tuesday, February 17 – 6:00 PM

RSVP at: <mailto:rsvp1@gavinnewsom.com> or by calling (415) 516-1252.

Friday, April 3

CALIFORNIA COUNCIL ON GERONTOLOGY AND GERIATRICS 2009 ANNUAL MEETING

IT TAKES A VILLAGE: TOOLKITS FOR CARE MANAGEMENT

University Student Union - Grand Salon Room, California State University, Northridge, Northridge, CA

Program Overview:

The California Council on Gerontology and Geriatrics (CCGG) promotes the quality of life of California's diverse aging population by informing and integrating educational programs, work force development, and public policy. Trans-professional cooperation and collaboration are essential for effective care management to enhance successful aging and promote quality of life for older adults. This conference will provide participants the opportunity to explore innovative tools and research designed to enhance skills in care management for Gerontology and Geriatric faculties, students, health care and social services professionals.

Program Objectives:

At the completion of this program, participants will be able to:

1. Identify tools for a variety of care management situations
2. Discuss tools to enhance gerontology/geriatric education
3. Integrate legislative tools into education and practice
4. Develop tools to enhance employment opportunities

For more information please contact Victoria Muravlenko at (310) 312-0531 or <mailto:vmuravlenko@mednet.ucla.edu>

NATIONAL

March 5-8

Psychiatry Conference to Focus on Mental Health Needs of Growing Population of Older Adults American Association for Geriatric Psychiatry to Meet in Honolulu, Hawaii, March 5-8, 2009. See: <http://www.aagponline.org/news/pressreleases.asp?viewfull=129>

INTERNATIONAL

2nd - 4th September 2009

Culture, Diversity and Ageing

The British Society of Gerontology Annual Conference, Bristol, UK
Registration is now open for the 2009 Annual Conference of the British Society of Gerontology. Please visit the conference web site at <http://www.bsg2009.org.uk/> for registration, full conference details and regular updates.

2 and 5 of September

The **9th Conference of the European Sociological Association** will be held in Lisbon between 2 and 5 of September 2009. The Conference is being organized by a consortium including three Portuguese university and research institutions - the Department of Sociology of ISCTE-Lisbon University Institute (the leading institution of the consortium), the Human and Social Sciences School of the New University of Lisbon (FCSH-UNL), the Institute of Social Sciences of the University of Lisbon (ICS-UL) - and the Portuguese Sociological Association (APS). For information see: <http://www.esa9thconference.com/>

COMMUNITY RESOURCES

The California Council on Gerontology and Geriatrics is looking for a **NorCal Student Representative and 3 year member-at-large candidates to serve on its board.**

If you know of anyone who might be interested contact:

Jolene Fassbinder, MSG, MACM
CCGG Executive Director

Phone: 310-312-0531

Fax: 310-312-0546

Email: <mailto:JFassbinder@mednet.ucla.edu>

For more information or to become a CCGG see: <http://ccgg.org/>

(Editor's Note: This is a great opportunity for networking!)

Please Note: Due to anti-spam filters on some e-mail services, many messages are blocked or deleted. **Please add lists@berkeley.edu** to your e-mail system's "safe" list of senders to ensure receipt of our messages.

If a colleague has forwarded this newsletter to you, why not get the newsletter directly? Send an e-mail to <mailto:ddriver@berkeley.edu> with "Newsletter Only" in the message's subject field. If you are interested in receiving job postings in the field of aging in California (primarily but not exclusively in the Bay Area) send an e-mail note with "Jobs Only" in the message's subject field. If you would like to receive both the newsletter and job announcements place "Jobs & Newsletter" in the message's subject field.

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