



Resource Center on Aging University of California Berkeley

New Resources on Aging

A Monthly Email Newsletter from
The Resource Center on Aging
University of California at Berkeley

EDITOR'S NOTES

A reminder that the Center maintains an **email list of job opportunities** in the field of aging in California (primarily but not exclusively in the Bay Area). If you would like to receive these notices, send an e-mail note to <mailto:ddriver@berkeley.edu> with "Jobs Only" in the message's subject field. If you would like to receive both the newsletter and job announcements place "Jobs & Newsletter" in the message's subject field. If you are an employer **anywhere in California** and have a job opening in your agency, email it to <mailto:ddriver@berkeley.edu> and it will be posted to the list which includes approximately 1,500 individuals in the field of aging.

A **copy of this newsletter** that includes all events that have not expired is updated monthly at:

<http://ist-socrates.berkeley.edu/~aging/ResourcesinAging.html>. Prior editions (pdf files only) of *New Resources on Aging* can be accessed at: <http://socrates.berkeley.edu/~aging/Newsletters>. Click on the folder you wish to access (2008, 2009). Then click the arrow to the right of the edition(s) you'd like to download.

Let us know if you have made a donation and would like to be included on our **Donation Page on our WEB site** at:

<http://ist-socrates.berkeley.edu/~aging/donation.html>

Continued thanks to all for your generosity and support.

If you would like to use the **UC Berkeley Resource Center on Aging library**, please email Desi Owens at: <mailto:desiowens@berkeley.edu> or phone Desi at 510-643-6427. See our library data base at: [http://www.libraryworld.net/cgi-bin/opac.pl?command=signin&libraryname=ucb center on aging&guest=allow](http://www.libraryworld.net/cgi-bin/opac.pl?command=signin&libraryname=ucb%20center%20on%20aging&guest=allow)

The July edition of the newsletter will be published **Tuesday, June 30th**. **The deadline for items to be included in the June issue is Friday, June 26th**. Please email submissions to: <mailto:ddriver@berkeley.edu>.

All Internet links in this newsletter have been checked. Please allow sufficient time for links to load, **especially pdf** (Portable Document Format) documents. To view a pdf document, you will need the Adobe® Acrobat® Reader available **free** from Adobe at: <http://www.adobe.com/products/acrobat>
If for some reason a link does not work, copy and paste the address into your browser.

NEW ON THE WEB

Aging in the Media

(Continued thanks to readers who forward information.)

From National Public Radio

- **Maria Shriver Turns Spotlight On Alzheimers** : NPR
<http://www.npr.org/templates/story/story.php?storyId=103953870&sc=emaf>
- **A Brain Scientist With A 'Stroke Of Insight'**, *Fresh Air from WHYY*, May 15, 2009. (**Editor's Note**: This is a fascinating interview, well worth the time to listen!) See:

<http://www.npr.org/templates/story/story.php?storyId=104154403&sc=emaf>

- NPR's Marketplace has had an excellent series on **Retirement - Saving** that includes a myriad of subjects a sample of which is here (plus many many more)
 - Social Security crisis on the horizon
 - Not ready to retire in Sun City
 - Putting a new value on the golden years
 - Retirement dreams face new reality
 - Straight Story: Retirement
 - Retirement idyll seen changing
 - German pension system showing age
 - Is Sun City in its sunset years?
 - Getting Personal
 - Retiree bonuses for quick stimulus

See:

http://marketplace.publicradio.org/collections/coll_display.php?coll_id=20008

KQED Public Radio's *Health Dialogues* premiered a one-hour program looking at aging in California. The program looks at a variety of aging issues, including how the concept of what it means to be "old" is changing, to alternative care programs and facilities, and senior dance events. The program "**Aging Well**," - and slides - are available online at: <http://www.kqed.org/epArchive/R905212000/>

FORBES ARTICLE: **How to Set Up a Multi-Generation Household** by Ashlea Ebeling (May 25, 2009), <http://www.forbes.com/forbes/2009/0525/066-investment-guide-09-save-big-move-grandma-in.html>

The 'Nana' generation Seniors are embracing new technologies, and manufacturers are responding with new products. BY ANA VECIANA-SUAREZ, (<mailto:AVECIANA@MIAMIHERALD.COM>), The Miami Herald, Family Life, Saturday, 05.23.09.

<http://www.miamiherald.com/living/family/story/1049406.html>

Quality of Death, End of Life Care in America In this new radio documentary about end of life care in America special correspondent Rachel Gotbaum investigates what prevents many patients from having a dignified death. See:

<http://www.insideout.org/documentaries/qualityofdeath/>

New Test Could Reveal Dementia Risk, CBS Evening News, May 13th. See:

<http://www.cbsnews.com/stories/2009/05/13/eveningnews/main5012181.shtml>

(This is just sheer fun!) **Mayo Clinic atrium piano, charming older couple...** <http://www.youtube.com/watch?v=RI-10tK8Ok0>

(Editor's Note: This is a fascinating article that includes content on aging) **What Makes Us Happy?** - The Atlantic (June 2009), The Atlantic Home. sponsored by Psychology June 2009 Atlantic ... by Joshua Wolf Shenk.

<http://www.theatlantic.com/doc/200906/happiness>

Consumer Resources

US CENTERS FOR MEDICARE AND MEDICAID SERVICES
MEDICARE.GOV UPDATES. The following **Medicare.gov pages were updated on May 28, 2009**: Nursing Home Compare; Supplier Directory"; and Helpful Contacts. <http://www.medicare.gov/Updates.asp>

Heinz Family Philanthropies has Released a series: 10 Questions Families Should Ask About various topics on Long-Term Care. These questions address options on how to handle situations when you think the care you are not getting the care you want. The fact sheets thus far in the "10 Questions to Answer" series are:

- **10 Questions to Answer Before You or a Your Loved One Needs Long-Term Care...**These questions examine long-term care options beyond nursing home care.
- **10 Questions to Answer Before You or a Your Loved One Purchase Long-Term Care...**These questions look at the financial aspects of long-term care.
- **10 Questions to Answer Before Choosing a Nursing Home or Assisted Living...**These questions will provide a logical process for selecting a new home that best matches the needs and lifestyle, or those of a loved one.

The 10 QUESTIONS TO ANSWER website will release the next fact sheet each Wednesday over the next five weeks. See:

<http://www.tenquestionstoanswer.org>

The **OLLI May 16th conference on Pathways to Work at 55+ was cancelled.** Nevertheless, the useful **resources** they developed for this conference are now available on the OLLI website at:

<http://www.cel.sfsu.edu/olli/events/cfm>

New WEB site helps families & caregivers **connect with care resources for senior citizens** -- and share information.

Free Database of Assisted Living Facilities, Nursing Homes, Medical & Non-Medical Home Care, Hospice Care & Geriatric Care Managers. See:

<http://www.careminds.com>

CVS pharmacy and The National Council on Aging's **BenefitsCheckUp** helps you find and enroll in federal, state, local and private programs that

help pay for prescription drugs, utility bills, meals, health care and other needs. See: https://www.benefitscheckup.org/index.cfm?partner_id=24

Candacy Taylor has launched a blog to build an online community forum around her research on the **Waitress Project**. She posts a new blog entry 2-3 times a week. Most of the writings will be the material that didn't make it into her book being published this fall. Join in the discussion and **SHARE YOUR STORIES ABOUT YOUR MOST MEMORABLE DINER MOMENTS!**

<http://counterculturewaitress.wordpress.com/>

Research & Reports

NATIONAL INSTITUTE ON AGING BROCHURE: **Can Alzheimer's Disease be Prevented?** April, 2009,

<http://www.nia.nih.gov/Alzheimers/Publications/ADPrevented>

POPULATION REFERENCE BUREAU: **Cognitive Impairment and Decline: Interview With Kenneth Langa, University of Michigan,** April 2009, MP3 format,

<http://www.prb.org/Journalists/Webcasts/2009/cognitivedecline.aspx>

In this interview, Langa discusses cognitive impairment and its causes, trends, and effects in the United States.

Private Long-Term Care Insurance: Following an Admission Cohort over 28 Months to Track Claim Experience, Service Use and Transitions, by Jessica S. Miller, Xiaomei Shi, and Marc A. Cohen, April 2009, <http://aspe.hhs.gov/daltcp/reports/2008/coht28mo.htm>

How Is the Financial Crisis Affecting Retirement Savings?

May 2009, Update, Mauricio Soto, Urban Institute.

<http://www.urban.org/publications/411880.html>

A new research summary has been posted to the Aging Research Translator (ART)! **Staff-Averse Challenging Behaviour in Older Adults with Intellectual Disabilities** Please can be found at:

<http://www.agingresearchtranslator.com/blog.php?action=postview&postid=1242048580&blogid=123456789>. The entire blog index of aging research summaries can be found at:

<http://www.agingresearchtranslator.com/blog.php>

Meeting Enrollees' Needs: How Do Medicare And Employer Coverage Stack Up? *Health Affairs*, (Published online May 12, 2009).

See: <http://content.healthaffairs.org/cgi/reprint/hlthaff.28.4.w521v1>

Near-Elderly Adults, Ages 55-64 Health Insurance Coverage, Cost and Access: Estimates from the Medical Expenditure Panel Survey, by Jessica Vistnes, Philip Cooper, Didem Bernard, and Jessica Banthin, April 2009 <http://www.ahrq.gov/data/meps/mepsneareld/>

2009 ANNUAL REPORT OF THE BOARDS OF TRUSTEES OF THE FEDERAL HOSPITAL INSURANCE AND FEDERAL SUPPLEMENTARY MEDICAL INSURANCE TRUST FUNDS [**annual report on the status of Medicare**]. See:

<http://www.cms.hhs.gov/ReportsTrustFunds/downloads/tr2009.pdf>

2009 OASDI Trustees Report [**annual report on the status of Social Security**]. See: <http://www.ssa.gov/OACT/TR/2009/trTOC.html>

International Reports

INSTITUTE FOR THE STUDY OF LABOR (IZA) [UNIVERSITY OF BONN, GERMANY]: **Increasing the Legal Retirement Age: The Impact on Wages, Worker Flows and Firm Performance**," by Pedro S. Martins, Alvaro A. Novo, and Pedro Portugal. Deals with the effect of

increasing the legal retirement age by considering a legislative reform introduced in Portugal in 1994.

http://www.iza.org/en/webcontent/publications/papers/viewAbstract?dp_id=4187

AUSTRALIAN INSTITUTE OF HEALTH AND WELFARE REPORT:
Caring for oral health in Australian residential care, by Jane M. Chalmers, A. John Spencer, Knute D. Carter, Peter L. King, and Clive Wright, May 2009,

<http://www.aihw.gov.au/publications/index.cfm/title/10711>

CENTRE FOR EUROPEAN POLICY STUDIES (CEPS) REPORT:
Adequacy of Pension Systems in Europe: An analysis based on comprehensive replacement rates, by Margherita Borella and Elsa Fornero, April 2009, http://shop.ceps.eu/BookDetail.php?item_id=1837

Practice Resources

The VA Nationwide Palliative Care Network is delighted to inform you that a new module on clinical conflict management is now available at <http://ecampus.stanford.edu>.

Module 3 **Managing Family Conflict**: of the PEN curriculum aims to impart key skills related to managing common conflicts that arise when caring for patients at the end of life and their families using a very practical 6-step approach may decrease or increase the time taken for completion.

The Palliation Education Network (PEN) curriculum is a web based curriculum created and hosted at Stanford University School of Medicine and is freely available to all VA clinicians through the VA Nationwide Palliative Care Network. The curriculum is completely skill oriented and made of a series of stand alone video and rich multimedia online modules. Please go to <http://ecampus.stanford.edu> to register.

Aging Watch is an independent **thought center working to enhance the quality of life of older people**. Through the strategic sharing of ideas, it aims to increase the protection, promotion, and participation of older adults in American society. *Protection* refers to securing the physical, psychological, and emotional safety of older persons. *Promotion* refers to the need to define a more accurate notion of who older people are and what they are capable of doing. *Participation* refers to the need to be more accommodating to and inclusive of older adults' contributions and needs throughout our society. See <http://www.agingwatch.com/>

Crane Library Web Picks of the Week Continued thanks to Laurie Blanchard for her generosity in letting us duplicate these. If you wish to subscribe to the Web Pick of the Week, go to:

<http://lists.umanitoba.ca/mailman/listinfo/info-ltc>

The Canadian Virtual Hospice <http://www.virtualhospice.ca>

The Canadian Virtual Hospice is a national, bilingual website that provides support and personalized information about palliative and end of life care, loss and bereavement to individuals, families, health care professionals and volunteers. Since its launch in 2004, Virtual Hospice has become a trusted resource for families and health care providers alike receiving 1,000 visits a day from more than 80 countries. Virtual Hospice is committed to providing access to up-to-date, evidence based information.

In February 2009 <http://www.virtualhospice.ca> re-launched with expanded content and features including tools for health care professionals. Click on the For Professionals tab to find:

- Tools for Practice -- A collection of more than 150 practice and assessment tools from Canada and around the world to support clinical practice.
- Ask a Professional - Ask a question to the Virtual Hospice team of physicians, clinical nurse specialists, a social worker and a spiritual

care advisor who specialize in palliative care. Receive a detailed, personal and confidential response within three working days.

- Asked and Answered - A sampling of some of the 900 questions that have been asked by Canadians through Ask a Professional (edited to protect anonymity).
- Topics - Articles written by the Virtual Hospice clinical team about symptoms, decision-making, final days, and other concerns families may be facing. Print these articles and share them with families you care for.
- The Exchange - A space for palliative care researchers, clinicians and other leaders to share the latest advances in palliative care, thoughtful commentary and research results.

The Canadian Virtual Hospice is funded by the Canadian Partnership Against Cancer and the Winnipeg Regional Health Authority.

Implementing Change in Long-Term Care: A Practical Guide to Transformation <http://tiny.cc/rkONm>

Implementing Change in Long-Term Care: A Practical Guide to Transformation is a manual targeted at nursing home administrators and nursing home staff that offers evidence-based recommendations on preparing a nursing home to take the first steps toward clinical and cultural changes, as well as the methods to implement and sustain those changes.

Written by a team of nurses from the University of Madison-Wisconsin School of Nursing, and funded by the Commonwealth fund as part of the Advancing Excellent in America's Nursing Homes Project, this manual is intended as a guide to consider the changes you wish to implement by introducing you to what is known about change in general and about change in long-term care.

It offers suggestions and includes exercises intended to bring this knowledge to your own change process. Rather than promoting any specific model, it encourages each organization to use the information in a way that best aligns with their particular needs and goals.

The manual is divided into chapters that address different strategies for developing:

- person-centered care and culture change models;
- strong leadership;
- effective teams;
- skilled staff;
- preparation activities and organizational assessments; and
- accountability systems.

Each chapter provides an overview of its topic, practical suggestions, and hands-on exercises. The manual also provides clinical training materials in the form of case studies, organizational assessment sheets, and more.

[Geriatricnursingcertification.com](http://www.geriatricnursingcertification.com)

<http://www.geriatricnursingcertification.com/>

Geriatricnursingcertification.com was designed to provide students with the information they need to obtain a certification in geriatric nursing. The site links to online courses, and some interesting articles (scroll down to the bottom of the page), including:

- Alternative Approaches to Treating Pancreatic Cancer
- Keep Diabetes at a Distance
- 100 Best Health Foods for Seniors
- 5 Essential Geriatric Nursing Articles
- The Major Geriatric Nursing Institutes
- Typical Job Responsibilities of a Geriatric Nurse
- What are Some Geriatric Special Nursing Needs?
- What Can I Do With a Geriatric Nursing Certification?
- 101 Free, Useful, and Striking Sites to Learn About Human Anatomy
- What's Your Real Age? 50 Fun & Fascinating Age Tests

[Listening Makes Sense: Understanding the Experiences of Older People in Urgent Care](http://www.staff.city.ac.uk/~jacky/index.htm) <http://www.staff.city.ac.uk/~jacky/index.htm> This website represents the results from a City University (London) study into

the experiences of older people and their relatives in emergency or urgent care in England.

As part of a Department of Health leadership program for health care practitioners in emergency and urgent care, ninety-six older people and their relatives in England were interviewed about their experiences. The interviews were analyzed to enable a national picture of patients' experiences to be drawn.

Seven videos representing a selection of the stories shared by older patients and their relatives have been re-recorded by actors and are available for viewing at the site. All names, and some other details, have been changed to preserve anonymity.

The "Study Resources" portion of the site contains written materials available in PDF produced by the study including:

- **Listening makes sense: a resource for staff caring for older people: Practitioner Resource Booklet.** This resource for staff presents the key messages in many of the stories told, alongside excerpts from those stories.
- **Listening Makes Sense: Understanding the Experiences of Older People and Relatives Using Urgent Care Services in England: Final Report.** The final report contains the study literature review, methods, findings, discussion and recommendations.
- **Listening Makes Sense: Understanding the Experiences of Older People and Relatives Using Urgent Care Services in England: Executive Summary**

NEW AT THE CENTER LIBRARY

To use the library, make an appointment with the Center's Academic Coordinator, Desi Owens: <mailto:desiowens@berkeley.edu>. To view the Center's library database on line see:

<http://opac.libraryworld.com/cgi-bin/opac.pl?command=signin&libraryname=ucb> center on aging

Nothing new this edition.

NEW PUBLICATIONS

In **WHEN THE TIME COMES: Families with Aging Parents Share Their Struggles and Solutions**, veteran journalist Paula Span follows a dozen families confronting complex questions of how to care for parents no longer able to live fully independently, and struggling to choose from a bewildering array of options. **Published on June 10 by Grand Central Publishing**, it is intended for a general consumer audience but can also serve as a textbook for courses in gerontology, social work, nursing, and sociology.

Paula Span, a contributing writer for the *Washington Post* Magazine and frequent contributor to the New Old Age blog on nytimes.com (<http://newoldage.blogs.nytimes.com/>), was named 2009 Distinguished Teacher of the Year at the Columbia University Graduate School of Journalism. Further information: <http://www.paulaspan.com>

Food for the ageing population, Edited by M M Raats, University of Surrey, UK, C P G M de Groot and W A van Staveren, Wageningen University, The Netherlands

- a review of the characteristics of the ageing population as food consumers
- discusses aspects of the elderly's relationship with food, including appetite, ageing and sensory perception and the social significance of meals

- examines the role of nutrition in extending functionality in later years, focusing on undernutrition, Alzheimer's and bone and joint health
- addresses the important issues of food safety among the elder population

See: <http://www.woodheadpublishing.com/en/book.aspx?bookID=1258>

The following titles are part of Ageing and the Lifecourse series from The Policy Press (United Kingdom). The series provides students, academics, professionals and policy makers with critical perspectives on the latest research, theory, policy and practice in the field.

- AGEING IN URBAN NEIGHBOURHOODS: Place attachment and social exclusion, Allison E. Smith, September 2009
https://www.policypress.org.uk/catalog/product_info.php?cPath=&products_id=1596
- VALUING OLDER PEOPLE: A humanist approach to ageing, Edited by Ricca Edmondson and Hans-Joachim Von Kondratowitz, July 2009
https://www.policypress.org.uk/catalog/product_info.php?cPath=10082&products_id=1617
- RURAL AGEING: A good place to grow old?, Edited by Norah Keating, May 2008
https://www.policypress.org.uk/catalog/product_info.php?cPath=10082&products_id=1290
- CRITICAL PERSPECTIVES ON AGEING SOCIETIE, Edited by Miriam Bernard and Thomas Scharf, May 2007
https://www.policypress.org.uk/catalog/product_info.php?cPath=10082&products_id=1266

CALENDAR OF EVENTS

Note: Except for UC Berkeley, the following are **all newly submitted events**. For a comprehensive calendar see *Resources on Aging* on our WEB site at:

<http://ist-socrates.berkeley.edu/~aging/ResourcesinAging.html> Newsletter archives can be accessed at: <http://conium.org/~aging/Newsletters/> The **Gerontological Society of America** maintains a national/international calendar at: <http://www.geron.org/calendar.htm>.

UC BERKELEY

Participants needed for study of sleep and aging

Earn up to \$50. Subjects (ages 60-85) sought for a research study of cognitive brain function. The test will take approximately 60 minutes and will be repeated three times across 7 days.

Contact via email at <mailto:agingsleep@berkeley.edu> or call (510)642-8777. Ask about the Sleep and Aging study, and ask for Dr. Bryce Mander.

The University of California Berkeley Center for Advanced Study of Aging is serving as a co-sponsoring organization for The Institute on Aging educational series that explores **four cornerstones of professional eldercare**. This quarterly series will address end-of-life care, caregiving, clinical care and issues of capacity. It will be held at St. Mary's Cathedral Event Center, 1111 Gough Street, cross street Geary, San Francisco, CA 94118

To register see: <http://cornerstonesofcare.eventbrite.com/> and <http://education.ioaging.org/cornerstones/caregiving.html>

Capacity: What Is It? How Do We Assess It? What Happens When We Lose It?, Wednesday, September 16, 2009 -- 8:30 AM to 4:30 PM
<http://education.ioaging.org/cornerstones/capacity.html>

For further information contact Janet Howell, Project Manager, in IOA's Department of Education at (415) 750-4180 ext 227

BAY AREA

Monday June 1st at 6 PM

The Stagebridge Playwriting Class Showcase

The Ashby Stage, 1901 Ashby Avenue, Berkeley (at MLK Way/across from BART) Home of the Shotgun Players. Eleven World Premiere 10-minute Plays! See: <http://www.stagebridge.org/> for more information.

The new **Senior Center Without Walls schedule** for the Summer 2009 session **beginning June 1** is now available. To request one email: <mailto:info@seniorcenterwithoutwalls.org>

Senior Center Without Walls will be presented with a Citation of Honor Award this summer in London at the International Association of Homes and Services for the Ageing Conference!

Senior New Ways is a multi-faith, non-profit organization providing programs, activities, resource referral, consultation, and support to older persons and their adult children and caregivers in northern and central California.

Call Judith or email Pruess-Mellow of Senior New Ways for information (650-209-1119) <mailto:judithpm@seniornewways.org> on any of their groups or see: <http://www.seniornewways.org/>

Call for Presentations opens June 1

2010 Aging in America Conference

You're invited to submit a proposal to present a workshop or poster at the 2010 conference scheduled for March 15-19 in Chicago, IL. The NCOA-ASA **Aging in America** Conference is the largest multidisciplinary aging conference in the country and is recognized as a platform for the new knowledge and practices, focusing upon replicable models that help our members and participants be more effective in their work with older adults.

NCOA and ASA are seeking session proposals in categories relevant to aging providers, researchers, entrepreneurs and policy makers in aging. The online presentation proposal form will be posted at <http://www.agingconference.org> in early June and **proposals must be submitted online by the deadline date of June 29, 2009.**

Wednesday, June 3

The Alzheimer's Association's 11th annual **Updates on Dementia Conference**, an annual education conference for professionals, will be held Wednesday, June 3 from 8 a.m. - 4 p.m. at the Crowne Plaza Hotel in Foster City at 1221 Chess Drive. Topics covered will include emerging research, treatment and clinical trials; biomarkers for Alzheimer's; sleep disorder in Alzheimer's disease; managing challenging behaviors; and cluttering and hoarding. Continuing Education Accreditation is available. For more information and to register, please visit the following: <https://ssl5.chi.us.securedata.net/alznorcal.org/secureconfreg.asp?theform=uod6-3-09.asp>

Thursday, June 4, 2009

The Buck Institute invites you to join us for an Evening Seminar at the Mill Valley Community Center:

Anti-Aging Effects of Diet and Exercise

James Kovach, MD, JD, President and COO, will be introducing our two scientists:

- Pankaj Kapahi, PhD, Assistant Professor, Buck Institute for Age Research
- Simon Melov, PhD, Associate Professor, Buck Institute for Age Research
- Richard W. Decker, Jr., Chairman / Co-Founder, Belvedere Capital Partners, Former Two Time Hawaii Ironman Competitor – 1983 & 1984, Upcoming – October 2009, Hawaii Ironman, 65 – 69 Age Group.

The evening begins at 6:00 pm with Wine and Hors d'oeuvres, a chance to meet other people interested in this cutting edge research as well as our speakers. The presentations will then begin at 6:30 pm. Mill Valley Community Center, 180 Camino Alto, Mill Valley

Reservations are required and seating is limited.

\$25 non-refundable registration fee

How to register:

Phone 415-493-3638 or e-mail: mailto:events_rsvp@buckinstitute.org please include your name, how many guests you will bring and your phone number. One of our volunteers will call to confirm and process payment.

Now through July 9

"Los Gatos Through Our Eyes": Mixed-Media Artwork by Local Seniors in Town Council Chambers

The Town of Los Gatos Arts Commission is sponsoring a mixed media **exhibit of artwork by participants in LGS Recreation's 55+ Art Workshop** through July 9, 2009 in the Los Gatos Town Council Chambers, 110 E. Main Street. Titled, "Los Gatos Through Our Eyes", much of the work on exhibit represents the culmination of years of study, and for some, a reawakening of an interest put on ice due to family

obligations. Art Workshop member, Bobbie Frederickson, whose portrait of "turn of the century" Los Gatos teacher, M. Cilker, is on the announcement for the exhibit, says that her research of local history at the Los Gatos Library, uncovered a photo of this striking woman who lived and taught in Los Gatos and who Ms. Frederickson felt shouldn't be forgotten. Other works in the show depict some of the familiar spots around town, as well as local flora. The public is invited to come view the show and meet the artists at a reception in their honor on Thursday, May 14 from 6-8PM in the Council Chambers. Light refreshments will be served. For further information, call The 55+ Program at (408) 354-2360.

Thursday, June 4th, 2009

Please join the executive team of Living Well Assisted Living at Home, to celebrate **a new company providing comprehensive services for elders who desire to age in their homes**. Share with us an evening of fun, food and information.

5:30-7:30 p.m.

Hors d'œuvres & Music

Event Address

196 Spencer Avenue, Sausalito, CA 94965

Park at top of hill and walk down

To RSVP: <mailto:events@livingwellalah.com>

BRAIN FITNESS—series

- **Saturday, June 6th**, 9-2 pm, **THE MATURE MIND**, *Presented by Rev. Bruce Warner & Pat Sanborn*, Stony Point Giffen House, 2150 Giffen Avenue @ Stony Point, Santa Rosa
- **Sunday June 7th** 12:15-2 pm Lunch Included, **BRAIN POWER**, *Presented by, Chance Massaro, MA*, FUMC Fellowship Hall, 1551 Montgomery Drive, Santa Rosa

- **Sunday, June 14th**, 12:15-2 pm, Lunch Included, **EMOTIONAL INTELLIGENCE**, *Presented by Arlene Taylor, PhD.*, FUMC Fellowship Hall, 1551 Montgomery Drive, Santa Rosa
Call Pat Sanborn, 545.3863X209 to register and learn more details.

June 15, 2009

The NCCA Presents NCCA MetLife Foundation

Creativity Matters: Civic Engagement Symposium

San Francisco, CA

The *NCCA MetLife Foundation Creativity Matters: Civic Engagement Symposium* will be held on June 15th in San Francisco, California. The conference will feature an overview of the connection between civic engagement and aging while also looking at recent research. *Above Ground*, which explores how the older artist population embraces living, has implications for the rest of the aging population. Research will also be presented on Gene Cohen's "Beyond Bingo," a study of professionally directed community based arts programs and the health of older people. The day will highlight best practice models by Ken Golden, Stuart Kandell, and Jeff Chapline.

The second half of the day features NCCA's Intergenerational Artist Training workshop: *Youth and Adult Ageline Across Cultures* presented by Susan Perlstein, Founder and Director of *Elders Share the Arts* and NCCA.

Location: Tenants and Owners Development Corporation, (TODCO)- Coleman House, 28 Tehama Street, San Francisco, CA 94103. To register see: <http://www.creativeaging.org/WorkshopSchedule.htm>

June 16 & 17

Grantseeker Training Courses

Proposal Writing Seminar & Cultivating Grantmaker Relationships in San Francisco, CA - LEARN FROM THE EXPERTS. See:

http://foundationcenter.org/marketplace/catalog/product_training_bundle.html?id=prod2560001 for more information and to register.

July 8, 2009 Save the Date!

San Francisco, **Alzheimer's/Dementia Summit FREE!**

As San Francisco's population ages, how will we care for the dramatic increases in the number of people with Alzheimer's and other dementias?

Help shape public policy and create a blueprint for care in San Francisco and California!

Plan on attending the Alzheimer's/Dementia Summit at City Hall.

Wednesday, July 8, 2009

8:30 a.m. to 4:15 p.m.

San Francisco City Hall

Lunch Provided!

Welcome by Mayor Gavin Newsom.

Morning session: New Alzheimer's/Dementia Task Force report released; panel discussion.

Afternoon session: Workshops for family caregivers.

Simultaneous translation available in both morning & afternoon sessions in Cantonese & Spanish.

To register: <http://www.eventbrite.com/event/318910871>

July 20-24, 9:30-4:00 daily classes

Stagebridge's Performing Arts Camp for Adults 50+

Stagebridge, 2501 Harrison St., Oakland, near Lake Merritt & BART

This is the third summer we have offered this fun, joyful experience to older adults and those who work with them. *Laugh, learn and stir your creative juices.*

In addition to performing arts classes by some of the best teachers in the Bay Area, activities directors, program coordinators and health care providers can participate in a special workshop "Bring Your Creativity to

the Workplace” designed especially for you. This workshop is presented at the annual American Society of Aging national and regional conferences. It is also part of staff development and corporate staff training workshops. See: <http://www.stagebridge.org/Performing Arts Camp 2009.pdf> for more information.

NATIONAL

Now

Call for Speakers and Sponsors

Exhibit Jan 7-10, 2010 conference Jan 9, 2010

What: **Digital Health Summit**, a conference plus four days of exhibition

Where: At the 2010 International Consumer Electronics Show (CES) in Las Vegas

The Digital Health Summit is an important new conference and exhibition at the 2010 International Consumer Electronics Show. The Summit focuses on the emerging market of consumer-based digital health and wellness devices, related applications and services. The Digital Health Summit is the companion conference to the broadly popular Silvers Summit (<http://silverssummit.com>) which premiered at the 2009 CES. If you would like to present or sponsor at this event contact:

Susan Ayers Walker

Digital Health Summit co-producer

<http://www.digitalhealthsummit.com>

Silvers Summit at CES 2010

<http://www.silverssummit.com>

<http://twitter.com/silverssummit>

w-650-854-1146 (pacific)

c - 415-265-1045

email: <mailto:walker@smartsilvers.com>

June 22 - 26

Grantseeker Training Institute

Washington, DC

Master the keys to successful fundraising in five days. Applicable for 30 continuing education points for CFRE International initial or re-certification

9 a.m. to 4 p.m. daily

Check-in and coffee: 8:30 a.m. - 9 a.m.

Please note: The Friday session will run until 4p.m. Please plan your travel accordingly.

WHERE

Foundation Center, 1627 K Street, NW, 3rd Floor, Washington, DC See: http://foundationcenter.org/marketplace/catalog/product_training_institute.jhtml?id=prod2440003

West Coast: Oakland, CA, September 8-11.

East Coast: Philadelphia, PA, September 21-24.

Join us for The **American Society on Aging's 2009 regional Conferences on Aging.**

ASA's regional Conferences on Aging offer cutting-edge programs and continuing education for professionals who work with older adults and their families. They are designed to help you stretch your education and training budget. Since you pay for only the courses you attend, you can select individual courses that match your learning needs, your schedule and your budget. Attend half-day or full-day programs, or create a multi-day program to fit your needs.

Individual fees to fit any budget

CEU credits are available

Programs of interest to all professionals in aging and related disciplines

Learn from renowned leaders in the field of aging

For more information go to <http://www.asaging.org/CoA09>

June 24-28**009 National Cohousing Conference; Growing Community**

University of Washington - Seattle, Washington. Contact: Pamela Biery,

Email: <mailto:pamela@pamelab.com>, Tel: 530.218.2027

Event Details-Email: <mailto:growing@cohous.org>, Tel: 866-758-3942
(toll free) or 314-754-5828

INTERNATIONAL**Friday 3rd to Sunday 5th July 2009**

First World Homeshare Congress, Paris, France. *Homeshare: Transforming the lives of People, Communities and Nations* See: <http://www.homeshare.org/congress.aspx>

COMMUNITY RESOURCES**The Rosalinde Gilbert Innovations in Alzheimer's Disease Caregiving Legacy Awards:** Information Now Available on FCA's Website

With the generous support of The Rosalinde and Arthur Gilbert Foundation, the National Center on Caregiving (NCC) at Family Caregiver Alliance (FCA) is pleased to oversee the annual Rosalinde Gilbert Innovations in Alzheimer's Disease Caregiving Legacy Awards program in its second year. Three awards of \$20,000 each will be awarded to organizations that are initiating unique programs that address the needs of Alzheimer's caregivers. One award will be granted in each of these categories: Creative Expression, Diverse/Multicultural Communities, and Policy and Advocacy.

Information and details about the awards program are now available on the Family Caregiver Alliance website. To view details see:

http://www.caregiver.org/caregiver/jsp/content_node.jsp?nodeid=2188

The Alzheimer's Project

In April 2009, HBO launched a grassroots public service outreach campaign to shine a spotlight on Alzheimer's disease. In an effort to inform the public, spur conversation, and excite individuals to participate in the search for a cure, HBO has made DVDs of their four-part documentary series.

For more information about the initiative see:

<http://www.hbo.com/alzheimers/screenings/> or to order a kit, please contact Kevin Koenig at Civic Entertainment Group, <mailto:Kevin.Koenig@cegnyc.com> or call 212.426.7006.

Please Note: Due to anti-spam filters on some e-mail services, many messages are blocked or deleted. **Please add lists@berkeley.edu** to your e-mail system's "safe" list of senders to ensure receipt of our messages.

If a colleague has forwarded this newsletter to you, why not get the newsletter directly? Send an e-mail to <mailto:ddriver@berkeley.edu> with "Newsletter Only" in the message's subject field. If you are interested in receiving job postings in the field of aging in California (primarily but not exclusively in the Bay Area) send an e-mail note with "Jobs Only" in the message's subject field. If you would like to receive both the newsletter and job announcements place "Jobs & Newsletter" in the message's subject field.

Postings in this newsletter are for informational purposes only and do not constitute endorsement by the Resource Center on Aging or the University of California. **Please do not contact the UCB Resource Center on Aging about information on these posts. Contact the provider directly. Thank you.**

Donations

The newsletter and jobs lists are complimentary services of the UC Berkeley Resource Center on Aging. Please consider making a donation to support this work.

Suggested amounts:

\$10 a year for newsletter

\$10 a year for job listings

\$20 a year for both

\$20 per job posting.

\$10 per newsletter posting.

We appreciate all donations, large or small. Thank you (Donation year is January 1 - December 31 or any portion thereof.)

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