



Resource Center on Aging University of California Berkeley

New Resources on Aging

A Monthly Email Newsletter from
The Resource Center on Aging
University of California at Berkeley
November, 2009

Veterans Day 2009: Nov. 11

Veterans Day originated as “Armistice Day” on Nov. 11, 1919, the first anniversary of the end of World War I. Congress passed a resolution in 1926 for an annual observance, and Nov. 11 became a national holiday beginning in 1938. President Dwight D. Eisenhower signed legislation in 1954 to change the name to Veterans Day as a way to honor those who served in all American wars. The day honors living military veterans with parades and speeches across the nation. A national ceremony takes place at the Tomb of the Unknowns at Arlington National Cemetery in Virginia. See:

http://www.census.gov/Press-Release/www/releases/archives/facts_for_features_special_editions/014342.html for more facts about Veterans Day.

EDITOR'S NOTES

Reminder: There will be **no December issue** of the newsletter. The January issue will be published **Monday, January 4th**. **The deadline for items to be included in the January issue is Thursday, December 31st**. Please email submissions to: <mailto:ddriver@berkeley.edu>. **Job listings will continue.**

Happy Holidays Everyone!

A reminder that the Center maintains a **list-serve of job opportunities** in the field of aging in California (primarily but not exclusively in the Bay Area). If you would like to receive these notices, send an e-mail note to <mailto:ddriver@berkeley.edu> with "Jobs Only" in the message's subject field. If you would like to receive both the newsletter and job announcements place "Jobs & Newsletter" in the message's subject field. If you are an employer **anywhere in California** and have a job opening in your agency, email it to <mailto:ddriver@berkeley.edu> and it will be posted to the list which includes approximately 1,500 individuals in the field of aging.

It's time for yearly donations! Let us know if you have made a donation and would like to be included on our **Donation Page on our WEB site** at:

<http://ist-socrates.berkeley.edu/~aging/donation.html>

Continued thanks to all for your generosity and support.

NEW ON THE WEB

Aging in the Media

(Continued thanks to readers who forward information.)

Not to be missed! Charlie Rose Brain Series Part 1 with John Searle, Gerald Fischbach, Cornelia Bargmann and more on Oct 29, 2009. Check your local listings for dates and times. Also see: <http://www.charlierose.com/schedule>

Caring for Aunt Mary Thursday, October 29 2009,
http://thestory.org/archive/the_story_894_Sue_Perna.mp3/view

and

<http://thestory.org/sidebars/mary-s-photo-album>

From the NY Times

- **Weighing Prison When the Convict Is Over 80**, By JOHN ELIGON and BENJAMIN WEISER, Published: October 9, 2009
<http://www.nytimes.com/2009/10/10/nyregion/10astor.html?ref=todayspaper>
- **Treating Dementia, but Overlooking Its Physical Toll**, By TARA PARKER-POPE, Published: October 19, 2009
<http://www.nytimes.com/2009/10/20/health/20well.html?ref=todayspaper>
- **Dilemma of over 65. Can't retire or if laid off- find jobs**, By STEVEN GREENHOUSE, Published: October 23, 2009
http://www.nytimes.com/2009/10/24/business/economy/24older.html?_r=1&ref=todayspaper
- **Strategies to Help Grandchildren Now, Not Later** By DEBORAH L. JACOBS Published: October 28, 2009
http://www.nytimes.com/2009/10/29/your-money/29GIFT.html?_r=1
- **Helping Grandpa Get His Tech On**, By ERIC A. TAUB, Published: October 28, 2009,
http://www.nytimes.com/2009/10/29/technology/personaltech/29basics.html?_r=1&ref=todayspaper

Economy hits elderly immigrants hard, Friday, October 16, 2009
NPR's Marketplace Money. Elderly immigrants are being forced to postpone retirement because of the recession. But they're having trouble finding work, and get little in the way of government assistance.

<http://marketplace.publicradio.org/display/web/2009/10/16/mm-elderlyimmigrants/>

Consumer Resources

For Older Men: Tips for Good Health in Later Life From the American Geriatrics Society's Foundation for Health in Aging.

By taking better care of themselves, experts agree, men can boost their odds of living healthier, longer lives. This document lists recommended tips from the experts with the American Geriatrics Society's (AGS') Foundation for Healthy Aging (FHA).

http://www.healthinaging.org/public_education/menshealth_tips.php

The Food and Drug Administration (FDA) has launched a new Web site that will benefit current and potential users of hearing aids. **A New Online Guide to Hearing Aids** can be found at:

<http://www.fda.gov/downloads/ForConsumers/ConsumerUpdates/UCM187245.pdf>

and a **very** comprehensive article can be found at:

<http://www.fda.gov/MedicalDevices/ProductsandMedicalProcedures/HomeHealthandConsumer/ConsumerProducts/HearingAids/default.htm>

Published by The Alliance for Technology Access, **A Guide to Easier Living with Technology** presents some sample situations you might encounter during a typical day and suggests product categories or strategies that others have found useful. See: <http://www.ataccess.org/contrib/AGuidetoEasierLivingwithTechnology.html> - Intro

Don't forget! Many older people need help paying for prescription drugs, health care, utilities and other basic needs. Many public

programs are available to seniors in need if they only knew about them and how to apply for them. Developed and maintained by The National Council on Aging (NCOA), **BenefitsCheckUp** is a comprehensive Web-based service to screen for benefits programs for seniors with limited income and resources. See: <https://www.benefitscheckup.org/about.cfm>

BOSTON COLLEGE CENTER FOR RETIREMENT RESEARCH
ISSUE BRIEF: "**Making Your Nest Egg Last a Lifetime**," by Anthony Webb, September 2009,
http://crr.bc.edu/images/stories/Briefs/ib_9-20.pdf

Research & Reports

Don't forget to check out **What's New on AARP Policy & Research** at: <http://www.aarp.org/research>

AEI OUTLOOK SERIES, **A Diet COLA for Social Security? Not Really**, By Andrew G. Biggs, October 2009,
<http://www.aei.org/outlook/100076>

Healthcare Cost and Utilization Project, STATISTICAL BRIEF #80, October 2009, **Emergency Department Visits for Injurious Falls among the Elderly, 2006**
<http://www.hcup-us.ahrq.gov/reports/statbriefs/sb80.jsp>

The Role of Community Colleges in an Aging Society and the Importance of Networking, Cullen Hayashida, Ph.D. et al,
<http://www.ilcusa.org/pages/publications/caregiving/the-role-of-community-colleges-in-an-aging-society-and-the-importance-of-networking.php>

Personal Attributes and the Financial Well-Being of Older Adults: The Effects of Control Beliefs, Karen A. Zurlo, University of Pennsylvania This study explores the relationship between the personal attributes of older adults and their financial well-being, measured as financial satisfaction, while focusing on the mediating effects of control beliefs, defined as general sense of control and domain-specific levels of control related to work, health, and finances. http://repository.upenn.edu/parc_working_papers/27/

KAISER FAMILY FOUNDATION PRESENTATION: "**The Sleeper in Health Reform: Long-Term Care and the CLASS Act**," (October 2009, .pdf, MP3, and Video format). This page includes links to an issue brief (2p.), and video and audio of the presentation.

<http://www.kff.org/healthreform/kcmu102009pkg.cfm>

The National Archive of Computerized Data on Aging (NACDA), located within ICPSR, is funded by the National Institute on Aging. NACDA's mission is to advance research on aging by helping researchers to profit from the under-exploited potential of a broad range of datasets. See:

<http://www.icpsr.umich.edu/NACDA/index.html>

Growing Old in America: Expectations vs. Reality, Pew Research Center Social & Demographic Trends survey on aging among a nationally representative sample of 2,969.

<http://pewsocialtrends.org/assets/pdf/Getting-Old-in-America.pdf>

Center for Health Care Strategies, Inc. has published **The Faces of Medicaid III: Refining the Portrait of People with Multiple Chronic Conditions** *Authors*: Rick Kronick, PhD, et al, *October 2009*

Made possible with support from Kaiser Permanente.

See: http://www.chcs.org/usr_doc/Executive_Summary_-_Faces_III.pdf

Long-Term Care IQ: Removing Myths, Reinforcing Realities, MetLife Mature Market Institute (MMI), September 2009, <http://www.metlife.com/assets/cao/mmi/publications/consumer/long-term-care-essentials/mmi-long-term-care-iq-removing-myths-survey.pdf>

"Nursing Homes: CMS's Special Focus Facility Methodology Should Better Target the Most Poorly Performing Homes, Which Tended to Be Chain Affiliated and For-Profit" GAO-09-689, August 2009, <http://www.gao.gov/products/GAO-09-689>

The **National Archive of Computerized Data on Aging** (NACDA), located within ICPSR, is funded by the National Institute on Aging. NACDA's mission is to advance research on aging by helping researchers to profit from the under-exploited potential of a broad range of datasets. <http://www.icpsr.umich.edu/NACDA/index.html>

Social Support, Networks, and Happiness reviews recent NIA-sponsored and other research that explores these relationships, especially research on the ways social networks affect health and happiness and influence longevity.

<http://www.prb.org/pdf09/TodaysResearchAging17.pdf>

California Budget Cuts Fray the Long-Term Safety Net, October 2009, Steven P. Wallace, et al, UCLA. This policy brief examines the likely effects of the sweeping 2009 cuts to California's safety-net programs for low-income and disabled seniors.

[http://healthpolicy.ucla.edu/pubs/Publication.aspx?pubID=380 - download](http://healthpolicy.ucla.edu/pubs/Publication.aspx?pubID=380-download)

From the Center for Disease Control

Attitudes on Aging Well Among Older African Americans and Whites in South Carolina

Sara J. Corwin, MPH, PhD et al,

Abstract: Cognitive impairment in older adults is a major cause of functional disability. Interest in protecting brain health is likely to grow as the US population ages and more people have experiences with cognitive decline. Recent scientific evidence suggests that physical activity, heart-healthy diets, and social involvement may help to maintain brain health. We investigated attitudes about aging well among older African Americans and whites to inform the development of interventions to promote cognitive health.

http://www.cdc.gov/pcd/issues/2009/oct/08_0169.htm

Nonfatal Scald-Related Burns Among Adults Aged ≥ 65 Years --

- United States, 2001--2006, D Hungerford, DrPH, et al. Analysis of Emergency Department visit data from the National Electronic Injury Surveillance System All Injury Program

<http://www.cdc.gov/mmwr/preview/mmwrhtml/mm5836a1.htm>

From the Urban Institute

- **Rising Senior Unemployment and the Need to Work at Older Ages**, Richard W. Johnson, **Publication Date:** September 23, 2009 <http://www.urban.org/url.cfm?ID=411964>
- **Age Rating Under Comprehensive Health Care Reform: Implications for Coverage, Costs, and Household Financial Burdens**, Linda J. Blumberg, Matthew Buettgens, Bowen Garrett, October 01, 2009 <http://www.urban.org/url.cfm?ID=411970>

Reductions in Hospital Days, Re-Admissions, and Potentially Avoidable Admissions Among Medicare Advantage Enrollees in California and Nevada, 2006

, The Agency for Healthcare Research and Quality (AHRQ, **September 2009**. Statewide datasets on hospital admissions in California and Nevada both of which allow direct, risk-adjusted comparisons of utilization rates among enrollees in Medicare Advantage (MA) plans and in Medicare's traditional fee-for-service (FFS) program.

<http://www.ahipresearch.com/pdfs/CAvsNV.pdf>

Research & Reports-International

United Kingdom

Dementia: ethical issues Published by Nuffield Council on Bioethics (UK).

http://www.nuffieldbioethics.org/fileLibrary/pdf/Dementia_report_for_web.pdf

Older People's Day 2009 (UK), 30th September 2009

Coverage: United Kingdom Theme: Population; ageing

The UK marks Older People's Day on 1 October 2009. Figures from the Office for National Statistics (ONS) and the wider Government Statistical Service (GSS) show that there are increasing numbers of older people in the population. They are increasingly taking an active part in the labour market and have increasing levels of pension income. While people are living longer, the extra years may not necessarily be in good health.

<http://www.statistics.gov.uk/pdfdir/age0909.pdf>

Ageing Times (UK) launched to coincide with UK Older People's Day on October 1st 2009. The newsletter will provide information and updates on ONS ageing related research and outputs, sign-

post users to sources for further information and provide a vehicle for feedback. To subscribe: contact <mailto:ageing@ons.gov.uk>
http://www.statistics.gov.uk/downloads/theme_social/Ageing-Times-Sept09.pdf

Ageing in the UK is an interactive mapping tool which allows you to analyze the age structure of the population at the Local Authority (LA) level more easily. You can see how the population has aged over time and is projected to continue to age by selecting from a list of indicators of population ageing, such as median age, and animating the map. Data can be extracted from the tool by selecting a local authority.

<http://www.statistics.gov.uk/ageingintheuk/default.htm>

JOSEPH ROUNDTREE FOUNDATION [UK] BRIEF: "**Creating a stronger information, advice and advocacy system for older people**," by Claire Horton, October 2009,

<http://www.jrf.org.uk/publications/information-advice-advocacy-for-older-people>

UK DEPARTMENT FOR WORK AND PENSIONS REPORT:

"**Attitudes to age in Britain 2004-8**," by Dominic Abrams, Tiina Eilola and Hannah Swift (Research Report No. 599, October 2009,
http://research.dwp.gov.uk/asd/asd5/report_abstracts/rr_abstracts/ra_599.asp

Age Equality in Health and Social Care, Sir Ian Carruthers OBE, Chief Executive NHS South and Jan Ormondroyd, Chief Executive West Bristol City Council, UK Department of Health, 22 October 2009,

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_107278

Life expectancy at birth and at age 65 by local areas in the United Kingdom, 2006-08, Date: 21 October 2009 Coverage: United Kingdom. <http://www.statistics.gov.uk/pdffdir/liex1009.pdf>

Assisted suicide: Theory and practice, Sep 24th 2009
From *The Economist* print edition. Helping someone to die is illegal, but most who do will escape prosecution,
http://www.economist.com/world/britain/displaystory.cfm?story_id=14505427 (Great Britain)

Other

The Role of Migrant Care Workers in Ageing Societies: Context and Experiences in Ireland, Report prepared by **Dr. Kieran Walsh and Professor Eamon O'Shea**
[file:///localhost/The Irish Centre for Social Gerontology, September 2009, http://www.icsg.ie/Library/documents/ICSG MCW Report.pdf](file:///localhost/The%20Irish%20Centre%20for%20Social%20Gerontology,%20September%202009,%20http://www.icsg.ie/Library/documents/ICSG%20MCW%20Report.pdf)

UNIVERSITY OF MICHIGAN POPULATION STUDIES CENTER:
"Socioeconomic Status and Health Differentials in China: Convergence or Divergence at Older Ages?" by Deborah Lowry and Yu Xie (PSC Research Report No. 09-690, October 2009,
<http://www.psc.isr.umich.edu/pubs/abs/6069>

RAND CORPORATION: **"Socioeconomic Success and Health in Later Life: Evidence from the Indonesia Family Life Survey,"** by Firman Witoelar et al, September 2009
http://www.rand.org/pubs/working_papers/WR704/

Is Posner Right? An Empirical Test of the Posner Argument for Transferring Health Spending from Old Women to Old Men

(Germany), by Christoph Wunder, Johannes Schwarze, (October 2009)

http://www.iza.org/index_html?lang=en&mainframe=http%3A//www.iza.org/iza/en/webcontent/personnel/photos/index_html%3Fkey=209&topSelect=personnel&subSelect=fellows

VIENNA INSTITUTE OF DEMOGRAPHY: "**Population Ageing and Endogenous Economic Growth**," by Klaus Prettnner, Working Paper 8/2009, 2009,

http://www.oeaw.ac.at/vid/download/WP2009_08.pdf

STATISTICS NETHERLANDS ARTICLE: "**Women account for growing labour participation among older people**," by Ferdy Otten and Clemens Siermann (Oct. 15, 2009).

<http://www.cbs.nl/en-GB/menu/themas/dossiers/vrouwen-en-mannen/publicaties/artikelen/archief/2009/2009-2910-wm.htm>

AUSTRALIAN INSTITUTE OF HEALTH AND WELFARE REPORT: "**Pathways through aged care services: a first look**," (AIHW bulletin no. 73, October 2009,

<http://www.aihw.gov.au/publications/index.cfm/title/10781>

Disability and Informal Care in New Zealand in 2006,

Statistics New Zealand, Published September 2009. Identifies the kinds of people most likely to provide informal care to disabled people living in households, the types of help and support they provide, and how often they provide it. More broadly, the report also profiles the everyday household living situations of disabled people, showing for example how many are living by themselves and how many are living in one or two-parent

families. <http://www.stats.govt.nz/reports/analytical-reports/disability-and-informal-care-in-nz-in-2006.aspx>

World Health Organization, Policy Briefs

- **"How can health systems respond to population ageing?"** by Bernd Rechel et al, #10, 2009, <http://www.euro.who.int/Document/E92560.pdf>
- **"How can European states design efficient, equitable and sustainable funding systems for long-term care for older people?"** by Jose-Luis Fernandez, et al, #11, 2009, <http://www.euro.who.int/Document/E92561.pdf>

Practice Resources

Crane Library Web Picks of the Week Continued thanks to Laurie Blanchard for her generosity in letting us duplicate these. If you wish to subscribe to the Web Pick of the Week, go to:

<http://lists.umanitoba.ca/mailman/listinfo/info-ltc>

Seniors Policy Handbook: a guide for developing and evaluating policies and programs for seniors

<http://www.seniors.gov.ab.ca/seniors/docs/SeniorsPolicyHandbook.pdf>

Prepared by the Federal/Provincial/Territorial Committee of Officials for the Federal/Provincial/Territorial Ministers Responsible for Seniors (Canada) and published in June, 2009, this handbook is for people who analyze, develop or implement policies, programs, services or legislation that directly or indirectly affect seniors. Its purpose is to help policy analysts and program planners consider the perspective of seniors, the diversity of the seniors' population, and the needs and issues facing seniors today and in the future.

My Home Life DVD <http://www.myhomelifedvd.org.uk> **My Home Life DVD** is a series of online films designed to showcase the new phase of the My Home Life initiative.

Each film is split into two parts: a case study and a question about the film answered by a series of experts.

My Home Life is supported by the recently merged Age Concern and Help the Aged, City University London and the Joseph Rowntree Foundation and aims at improving the quality of life of those who are living, dying, visiting and working in care homes for older people.

The eight films on the site are based on the themes of the program:

- Managing transitions
- Maintaining identity
- Creating community
- Sharing decision-making
- Improving health & healthcare
- Supporting good end-of-life
- Keeping workforce fit for purpose
- Promoting a positive culture

Understanding Pain and Dementia

<http://www.painanddementia.ualberta.ca> In order to address the significant problem of undiagnosed and under-treated pain in the elderly, Cary A. Brown, University of Alberta and Agnes Mitchell, Grant MacEwan College (Edmonton), developed this website to help family members learn about pain in someone with dementia.

The website contains:

- a narrated presentation about pain and dementia
- a downloadable resource pack for family members
- a downloadable pain-log and the PAINAD assessment tool
- a facilitator's toolkit of background material, a planning guide, promotional material, and supplemental information for organizations who wish to put on a workshop using the materials

Access **Past Webinars**, presentations from past **Healthy Aging Briefings**, sponsored by The National Council On Aging and

IlluminAge Communication Partners at:
<http://www.ncoa.org/content.cfm?sectionid=379>

NEW AT THE CENTER LIBRARY

To use the library, make an appointment with the Center's Academic Coordinator, Desi Owens: <mailto:desiowens@berkeley.edu>. To view the Center's library database on line see:

http://opac.libraryworld.com/cgi-bin/opac.pl?command=signin&libraryname=ucb_center_on_aging

Nothing New This Issue.

NEW PUBLICATIONS

SPRINGER MONOGRAPH: **[Psychodynamic Perspectives on Aging and Illness](#)** by Tamara McClintock Greenberg 2009, For information see:

http://www.springer.com/psychology/psychology+general/book/978-1-4419-0285-6?cm_mmc=NBA--Sep-09_WEST_3969362--product--978-1-4419-0285-6

CALENDAR OF EVENTS

Note: Except for UC Berkeley, the following are **all newly submitted events**. For a comprehensive calendar see **[Resources on Aging](#)** on our WEB site at: <http://ist-socrates.berkeley.edu/~aging/ResourcesinAging.html> Newsletter archives can be accessed at: <http://conium.org/~aging/Newsletters/> The **Gerontological Society of America** maintains a national/international calendar at: <http://www.geron.org/calendar.htm>.

UC Berkeley

November 10

[Critical Gerontology: What is it? And what tools does it give us as students, scholars and professionals in aging?](#)

Time: 5:30 PM-7:00 PM

Location: University Hall, Room 714C

An invite from Desi Owens, our UC Berkeley (UCB) Center on Aging Campus Planner ***IMPORTANT: Please mark your calendars and RSVP ASAP!** <mailto:desiowens@berkeley.edu>

Lecture/Discussion

All Students with an Interest in Aging, Exciting news! Our first UCB "Students in Aging" (SIA) event is "on" and this will no doubt be a fresh, compelling, and lively presentation/discussion that students (& SIA affiliates!) from ALL disciplines will truly appreciate! ... a rare yet essential & stimulating topic.

Our **featured speaker is Marty Martinson**, MPH, M.Ed. (who will soon have a PhD from UCB's School of Public Health; Ms. Martinson is also slated to teach a new graduate level public health course in critical gerontology in spring 2010, sponsored by our UCB Center on Aging!)

Note: As always, there will be plenty of time for scrumptious **PIZZA** (compliments of our Center), and networking too!

UC Berkeley's Students in Aging (SIA): SIA is an informal, multidisciplinary, student group- sponsored by our UC Berkeley Center on Aging- where it's all about "engaging aging" on campus. We draw upon various disciplines, & include those who are working in the field! It's great for fun-filled networking, and includes regular email updates on aging events and resources. In addition, we sponsor at least 2 exciting aging events per year! We have three amazing student co-leaders: Tom Blair and Anisha Chandra, 3rd year UCSF-UCB Joint Medical Program students (JMPers), and Evie Kalmar, our new co-leader and a 1st year JMPer.

Faculty Advisor: Desi Owens. **For more information on Students in Aging see:**

<http://socrates.berkeley.edu/~aging/Students.html>

Nov. 16th, 4-5:30 pm

"Civil Society in Prosperity and Recession: The Case of Sweden"

School of Social Welfare, University of California, Berkeley, 5 Haviland Hall. **Public Welcome!**

Lars Svedberg, PhD., Professor, Research Director

Johan von Essen, ThD., Assistant Professor

Magnus Jegermalm, PhD., Assistant Professor

Ersta Sköndal University College

Department of Civil Society Studies

Stockholm, SWEDEN

In the last two decades Sweden has undergone important political changes and been through both times of prosperity and recession. Yet the amount of civic participation in Sweden has remained remarkably high and stable. Right now, in the middle of worldwide economic crisis, a new national population study confirms a long-lasting stability. Even the traditional Scandinavian popular mass movement pattern of civic engagement seems to be stable and if changing, only slowly. In our presentation we will present empirical data and discuss how different theoretical approaches to civil society and civic participation can help us to understand the Swedish case.

For more information contact:

Andrew Scharlach <mailto:scharlach@berkeley.edu>

Bay Area

The Over 60 Health Center in Berkeley holds monthly **Advance Health Care Directive/ POLST workshops** on the first Wednesday of each month at 2:30. This is a **free** workshop open to the community. The next workshops will be on 11/4 and 12/2.

Please contact Angela O'Brien, MSW at 510-428-4541 or <mailto:aobrien@lifelongmedical.org> for more information.

Thursday, November 5, 2009

Monthly Professional Training: Financial Elder Abuse - A Growing Shame

1.5 CEUs Available for a \$5 fee

Time: 3:00 - 4:30PM

Location: 3600 Geary Blvd (at Palm St.), San Francisco

Presented by: Erika Falk, PhD, Director, Geriatric Assessment and Psychological Services, Institute on Aging, and Director of San Francisco Elder Abuse Forensic Center

Cost: \$5 donation at door

Online Registration: <http://financialeldertraining.eventbrite.com/>

From the Foundation Center in San Francisco

- **November 5 Foundation Fundraising: An Introductory Course** in San Francisco, CA on November 5, 2009. For complete information see:
http://foundationcenter.org/marketplace/catalog/product_training.jhtml?id=prod2670023
- **Tuesday, November 10, Cultivating Grantmaker Relationships**. For every nonprofit grantseeker and board member who wants to nurture and sustain their grantmaker relationships, from the initial approach through the life of a grant and beyond.
http://foundationcenter.org/marketplace/catalog/product_training.jhtml?id=prod2670018
- **November 16 - 20 Grantseeker Training Institute in San Francisco** Course dates: Monday through Friday, November 16 - 20. Master the keys to successful fundraising in five days. *Applicable for 30 continuing education points for*

CFRETM International initial or re-certification. In just one week, the Foundation Center's team of expert instructors will help you...

- **Develop strategies to sharpen your fundraising focus**
- **Learn to articulate your funding requests more powerfully**
- **Network with peers and colleagues from the nonprofit world**

http://foundationcenter.org/marketplace/catalog/product_training_institute.jhtml?id=prod2670044

11/12/09 - 11/13/09

“Food for Thought” and “Relational Therapy In Action”

Day 1 Food for Thought

Provided by: Action Pact, Inc.

Day 2 Relational Therapy In Action

Provided by: Idylwood Care Center

To register: <http://www.regonline.com/foodforthoughtidylwood>

Event location:

Resurrection Lutheran Church

2495 Cabrillo Ave.

Santa Clara, CA 95051

Located near the intersection of

San Tomas Expy and Cabrillo Ave.

For more information: <mailto:tahern@cbhi.net>

Intensive Mediation Training Series

November 11-14,

Intensive Mediation Training for Eldercare Professionals

November 11-14, 2009; 9:00 am - 5:00 pm

(December 11, 2009, optional for those who want a 40-hour training)

This course is a comprehensive, general mediation training program for those interested in mediation theory and process. Ideal for anyone interested in the field of mediation, whether in a personal and/or professional capacity. No prior mediation experience is required. Attendees who take the intensive course will qualify to take the Fundamentals of Elder Mediation training in December, which is a workshop for experienced mediators.

CE contact hours More information and registration at

<http://www.danacurtismediation.com>

November 20, 2009; 9:00 am - 5:00 pm

Dealing With Difficult Personalities

Workshop participants will learn how to:

Differentiate between four basic types of difficult personalities

Identify which basic fear drives each of the four types

Deal differently with each type more effectively

Deal with a difficult person in their life through a simulation

Identify their own unique style of being difficult when under stress

CE contact hours: More information and registration at

<http://www.danacurtismediation.com/dcm/difficultpersonalities.html>

December 3, 4 & 5, 2009

Fundamentals of Elder Mediation: A Workshop for Experienced Mediators, Sausalito, CA

This workshop introduces experienced mediators to the field of elder mediation in its many forms, from facilitating meetings in which families must make difficult decisions, to mediating family disputes concerning a parent, to mediating litigated cases involving elders or their families. Leaders in the field of eldercare aging will join Dana Curtis.

CE contact hours: Prerequisite: Prior mediation training or experience; completion of Intensive Mediation Training, Nov 11-14, 2009. Full course description, instructor bio & online registration at <http://www.eldermediationgroup.com/emg/fundamentalsfeldermediation.html>

View Complete Training Calendar

Take Advantage of our Early Bird Specials - Register Today!

Discounts for series registrations apply.

Email: <mailto:office@eldermediationgroup.com> or call 415.289.0423 for more info

November 14

Taking Care of Your Aging Parents, Cabrillo College, Aptos , Ca. Saturday, November 14, 2009 ,9-4. For information and to register see: <http://www.cabrillo.edu/services/extension/personal.html>

Saturday, November 14th, Caregiver University

Do you help to care for a family member or friend who is frail, disabled, has a chronic illness or cognitive impairment?

Then it's back to school for you! Caregiver University, a day-long program for learning and sharing.

Workshops conducted by experts on topics including:

- Incontinence care/toileting
- Bathing/hygiene/grooming/dressing
- Dental care
- Feeding/nutrition
- Transfer skills
- Caregiver self-care
- Dealing with behavioral issues

When: Saturday, November 14th, 2009, 8:30 a.m. - 3:30 p.m.

Where: Mt. Diablo Adult Education, 1 Santa Barbara Road
Pleasant Hill, CA 94523, Location: Comm Rm, PHEC

Registration Website:

http://www.mdusd.k12.ca.us/adulted/registration_form.htm

Course Number: 206603

Course Title: Caregiver Training

Registration fee: \$25, Scholarships available.

For questions about scholarships please call (800) 445-8106, ext. 317

Morning coffee and afternoon light refreshments will be served.
Please bring your own lunch.

Friday, November 20, 2009

First Annual Senior Healthcare Policy Forum

What will the safety net for seniors look like in 2014? Join Bay Area policy makers, senior advocates and care providers to discuss the current policy landscape and how we can have a joint voice in advocating for a strong safety net in the Bay Area. Please plan to attend and have your voice heard.

Cathedral of Christ the Light, Oakland

Plenary Session: 9:00 am - 10:50 am

Workshop Sessions: 12 pm - 3:30 pm

Box Lunch

Contact: Earp Events at (510) 839-3100 or

<mailto:events@earpevents.com>

Invited Speakers:

- Hon. Barbara Lee
- Hon. Pete Stark
- Hon. George Miller
- Hon. Sandre_ Swanson
- Hon. Loni Hancock

Brought to you by Bay Area PACE Programs:
Center for Elders' Independence and On Lok Lifeways

Saturday, November 21st

OWL San Francisco, the Voice of Midlife and Older Women,
presents

A California Constitutional Convention: Is This the Means to Address Many of the State's Many Problems?

Speaker: Steven Hill, Director, Political Reform Program, New America Foundation.

Time: 10:00 am - 12:00 Noon

Place: Quaker Meeting House, 65 9th St , (between Market & Mission), San Francisco.

Accessible to public transportation

ALL WELCOME!

Contact: Allyson Washburn, OWL SF President,
<mailto:amwashburn@comcast.net>

California

November 6

Building a Fundraising Board, in Los Angeles, CA on November 6, 2009, training from the Foundation Center. See:

http://foundationcenter.org/marketplace/catalog/product_training.jhtml?id=prod2670028

November 21st

The Season of Life™ Conference will be held in Palm Desert, California, on November 21st, 2009, at the Indian Wells Theater on the California State University, San Bernardino, Palm Desert campus and will feature celebrity keynote speakers singer Pat Boone, actress Jane Russell (*Gentlemen Prefer Blondes*) and actor

Peter Graves (*Mission: Impossible, Airplane*). The conference will have expert panelists discussing the latest advances in health and wellness and debunking aging myths. The conference will also feature the release of **Gerontologist Di Patterson's** book [AgeWise: Season Your Life](#) and an exclusive book signing available to all registered attendees of the Conference. For more information see: <http://www.seasonoflife.net> or email Diane Patterson <mailto:gardenerdi@yahoo.com>

January 18-20th, 2010

Save the Date: [SharpBrains Summit, Technology for Cognitive Health and Performance](#)

We are very excited to announce the first SharpBrains Summit, a **virtual** conference to take place January 18-20th, 2010. Over 25 leading speakers and a professional audience will discuss emerging innovation and technology for lifelong cognitive health and performance. The Summit will highlight the convergence of neurocognitive research, non-invasive technology and healthcare, discuss emerging best practices, and help predict how a growing range of tools may provide solutions to cognitive health and performance-related issues. See:

<http://www.sharpbrains.com/blog/2009/10/19/save-the-date-sharpbrains-summit-technology-for-cognitive-health-and-performance/>

February 9-10, 2010 Save the date!

Registration is now available for **[Aging Services of California's 2010 Public Policy Conference: risk + opportunity](#)**

Preconference Workshops, February 8, 2010

Sacramento, Sheraton Grand Hotel

To register, log onto <http://aging.org/i4a/calendar/details.cfm?id=39>

Discount and group registration deadline is December 31, 2009, all group registrations must be received together. Questions? <mailto:mmorneau@aging.org> or call 916-469-3371

National

November 4

Please join us for a webinar hosted by the Center for Personal Assistance Services on Wednesday, November 4, 2009. In this webinar, Dr. Joshua Wiener will talk about, “**The long and winding road to reform of long-term services and supports.**” In this presentation, Dr. Wiener will examine the provisions on long-term services and supports in the health reform bills and will discuss issues related to more comprehensive reform. Dr. Wiener has published a paper on this subject titled “Long-term care: Options in an era of health reform” which can be found at:

<http://www.pascenter.org/documents/AllianceLTCPaper.pdf> The 60-minute webinar will begin at 2:00pm Eastern; 1:00pm Central; 12:00pm Mountain; 11:00am Pacific; 10:00am Alaska and 8:00am Hawaii.

There is no fee and no pre-registration for this webinar which is **open to everyone.** An archive of this webinar will be available at a later date.

To join the Webinar, please visit:

<http://www.tinyurl.com/PASElluminate> It is recommended that you visit this link before hand, as the Webinar software (Elluminate) needs to be downloaded to your computer, which can take a few minutes.

First time user support is available at:

<http://www.illuminate.com/support/index.jsp> This covers downloading and installing the required software and testing your

connection. Free online training is available at:
<http://www.illuminate.com/support/training/>

International

10th November

Please consider submitting an **abstract on ageing** to the International Sociological Association World Congress in Gothenburg, Sweden, 11-17th, July 2010. There will be a strong programme of 19 sessions on The Sociology of Aging. Full details of sessions are on

<http://www.rc11-sociology-of-aging.org/news> or

<http://www.isa-sociology.org/congress2010/rc/rc11.htm>

Please **email your abstract by 10th November** to Sara Arber
<mailto:S.Arber@surrey.ac.uk>

COMMUNITY RESOURCES

MCCAMANT & DURRETT ARCHITECTS WIN AMERICAN INSTITUTE OF ARCHITECTS AWARD

Silver Sage Village Senior Cohousing, Boulder, Colorado

A beautiful urban neighborhood in a natural mountain setting designed for aging in community; Silver Sage will be featured in AIA's *Design for Aging Review*. The project was designed by

McCamant & Durrett Architects of Nevada City and **Berkeley,**

California, for Boulder's **Wonderland Hill Development**

Company and associated architecture firm, **Bryan Bowen Architects**.

AIA's *Design for Aging Review* competition honors senior housing projects that demonstrate innovative solutions, improving seniors' quality of life, while still remaining affordable and sustainable.

Silver Sage Village Senior Cohousing is a 16-unit senior cohousing community on 0.83 acres in Boulder, Colorado, completed in 2007. It includes 16 ownership units, six of which are permanently affordable units (80% of AMI per the City of Boulder affordable housing program).

Contact: Pamela Biery Email: <mailto:pamela@pamelab.com>

Tel: 530.218.2027

END

All Internet links in this newsletter have been checked. Please allow sufficient time for links to load, **especially pdf** (Portable Document Format) documents. To view a pdf document, you will need the Adobe® Acrobat® Reader available **free** from Adobe at: http://www.adobe.com/products/acrobat/readstep2_allversions.html If for some reason a link does not work, copy and paste the address into your browser.

A **copy of this newsletter** that includes all events that have not expired is updated monthly at: <http://ist-socrates.berkeley.edu/~aging/ResourcesinAging.html> Prior editions (pdf files only) of *New Resources on Aging* can be accessed at: <http://socrates.berkeley.edu/~aging/Newsletters>. Click on the folder you wish to access (2008, 2009). Then click the arrow to the right of the edition(s) you'd like to download.

Please Note: Due to anti-spam filters on some e-mail services, many messages are blocked or deleted. **Please add lists@berkeley.edu** to your e-mail system's "safe" list of senders to ensure receipt of our messages.

If a colleague has forwarded this newsletter to you, why not get the newsletter directly? Send an e-mail to <mailto:ddriver@berkeley.edu> with "Newsletter Only" in the message's subject field. If you are interested in receiving job postings in the field of aging in California (primarily but not exclusively in the Bay Area) send an e-mail note with "Jobs Only" in the message's subject field. If you would like to receive both the newsletter and job announcements place "Jobs & Newsletter" in the message's subject field.

Postings in this newsletter are for informational purposes only and do not constitute endorsement by the Resource Center on Aging or the University of California. **Please do not contact the UCB Resource Center on Aging about information on these posts. Contact the provider directly. Thank you.**

Donations

The newsletter and jobs lists are complimentary services of the UC Berkeley Resource Center on Aging. Please consider making a donation to support this work.

Suggested amounts:

\$10 a year for newsletter

\$10 a year for job listings

\$20 a year for both

\$20 per job posting.

\$10 per newsletter posting.

We appreciate all donations, large or small. Thank you (Donation year is January 1 - December 31 or any portion thereof.)

Please mail checks to:
Resource Center on Aging
50 University Hall, MC 7360
Berkeley, CA 94720